

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	50 meters	F	50 - 54	2012	Phelps	Jo	VA	0:00:07.36	
State	50 meters	F	50 - 54						
Meet	50 meters	F	55 - 59	2012	Mercurio	Tsipi	VA	0:00:07.62	
State	50 meters	F	55 - 59	2013	Glowitz	Kimberly	DE	0:00:09.02	
Meet	50 meters	F	60 - 64	2016	Lake-Titus	Loraine	NY	0:00:08.16	
State	50 meters	F	60 - 64						
Meet	50 meters	F	65 - 69	2014	White	Mary	VA	0:00:08.59	
State	50 meters	F	65 - 69						
Meet	50 meters	F	70 - 74	2012	Kane	Lana	PA	0:00:08.99	
State	50 meters	F	70 - 74						
Meet	50 meters	F	75 - 79	2015	Kane	Lana	PA	0:00:10.12	
State	50 meters	F	75 - 79						
Meet	50 meters	F	80 - 84						
State	50 meters	F	80 - 84						
Meet	50 meters	F	85 - 89						
State	50 meters	F	85 - 89						
Meet	50 meters	F	90 - 94						
State	50 meters	F	90 - 94						
Meet	50 meters	F	95 - 99						
State	50 meters	F	95 - 99						
Meet	100 meters	F	50 - 54	2014	Campbell	Gale	PA	0:00:14.85	
State	100 meters	F	50 - 54	2006	Grandison	Deloris	DE	0:00:15.60	
Meet	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80	
State	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80	
Meet	100 meters	F	60 - 64	2016	Lake-Titus	Loraine	NY	0:00:15.74	
State	100 meters	F	60 - 64	1993	Brown	Grace	DE	0:00:16.60	
Meet	100 meters	F	65 - 69	2003	Blakey	Delores	DE	0:00:17.00	
State	100 meters	F	65 - 69	2003	Blakey	Delores	DE	0:00:17.00	
Meet	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80	
State	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80	
Meet	100 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:16.94	
State	100 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:00:21.10	
Meet	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00	
State	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00	
Meet	100 meters	F	85 - 89						
State	100 meters	F	85 - 89						
Meet	100 meters	F	90 - 94						
State	100 meters	F	90 - 94						
Meet	100 meters	F	95 - 99						
State	100 meters	F	95 - 99						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	1500 meters	F	50 - 54	2016	Kline	Sheryl	DE	0:06:16.00	
State	1500 meters	F	50 - 54	2016	Kline	Sheryl	DE	0:06:16.00	
Meet	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00	
State	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00	
Meet	1500 meters	F	60 - 64	2010	Oakey	Joy	PA	0:06:37.92	
State	1500 meters	F	60 - 64	1993	Lisehora	Marion	DE	0:07:31.03	
Meet	1500 meters	F	65 - 69	2014	Berger	Nancy	MD	0:08:18.00	
State	1500 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:08:40.50	
Meet	1500 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:08:40.07	
State	1500 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:08:40.07	
Meet	1500 meters	F	75 - 79	2012	Graf	Tami	MD	0:08:33.00	
State	1500 meters	F	75 - 79						
Meet	1500 meters	F	80 - 84						
State	1500 meters	F	80 - 84						
Meet	1500 meters	F	85 - 89						
State	1500 meters	F	85 - 89						
Meet	1500 meters	F	90 - 94						
State	1500 meters	F	90 - 94						
Meet	1500 meters	F	95 - 99						
State	1500 meters	F	95 - 99						
Meet	200 meters	F	50 - 54	2006	Grandison	Delores	DE	0:00:30.00	
State	200 meters	F	50 - 54	2006	Grandison	Delores	DE	0:00:30.00	
Meet	200 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:31.67	
State	200 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:31.67	
Meet	200 meters	F	60 - 64	2010	White	Mary	VA	0:00:35.71	
State	200 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:00:41.10	
Meet	200 meters	F	65 - 69	2014	White	Mary	VA	0:00:36.00	
State	200 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:00:46.30	
Meet	200 meters	F	70 - 74	2016	Warren	Barbara	WV	0:00:40.44	
State	200 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:00:49.20	
Meet	200 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:36.67	
State	200 meters	F	75 - 79	1994	Yencharis	Becky	DE	0:01:01.40	
Meet	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40	
State	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40	
Meet	200 meters	F	85 - 89						
State	200 meters	F	85 - 89						
Meet	200 meters	F	90 - 94						
State	200 meters	F	90 - 94						
Meet	200 meters	F	95 - 99						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	200 meters	F	95 - 99						
Meet	400 meters	F	50 - 54	2012	Jacobsen	Mary	PA	0:01:16.73	
State	400 meters	F	50 - 54	2000	Allen	June	DE	0:01:27.70	
Meet	400 meters	F	55 - 59	2016	DeHaven	Deborah	PA	0:01:18.41	
State	400 meters	F	55 - 59	1999	Hubbard	April	DE	0:01:34.90	
Meet	400 meters	F	60 - 64	2010	Oakey	Joy	PA	0:01:29.28	
State	400 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:01:36.60	
Meet	400 meters	F	65 - 69	2014	Warren	Barbara	WV	0:01:42.31	
State	400 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:01:45.00	
Meet	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60	
State	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60	
Meet	400 meters	F	75 - 79	2009	Lary	Audrey	MD	0:01:27.00	
State	400 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:02:10.95	
Meet	400 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:02:25.70	
State	400 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:02:25.70	
Meet	400 meters	F	85 - 89	2012	Dashiell	Wally	MD	0:03:55.55	
State	400 meters	F	85 - 89						
Meet	400 meters	F	90 - 94						
State	400 meters	F	90 - 94						
Meet	400 meters	F	95 - 99						
State	400 meters	F	95 - 99						
Meet	800 meters	F	50 - 54	2010	Jacobsen	Mary	PA	0:03:10.22	
State	800 meters	F	50 - 54	2014	Ross	Michele	DE	0:03:16.07	
Meet	800 meters	F	55 - 59	2008	Phillips	Hannah	VA	0:03:07.20	
State	800 meters	F	55 - 59	1999	Hubbard	April	DE	0:03:40.44	
Meet	800 meters	F	60 - 64	2010	Oakey	Joy	PA	0:03:21.07	
State	800 meters	F	60 - 64	1996	Patton	Suzanne	DE	0:03:29.05	
Meet	800 meters	F	65 - 69	2014	Berger	Nancy	MD	0:04:13.98	
State	800 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:04:14.00	
Meet	800 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:04:04.03	
State	800 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:04:04.03	
Meet	800 meters	F	75 - 79	2012	Graf	Tami	MD	0:04:14.00	
State	800 meters	F	75 - 79	1994	Yencharis	Becky	DE	0:04:47.08	
Meet	800 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:05:27.30	
State	800 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:05:27.30	
Meet	800 meters	F	85 - 89	2008	Dashiell	Wally	MD	0:06:47.40	
State	800 meters	F	85 - 89						
Meet	800 meters	F	90 - 94						
State	800 meters	F	90 - 94						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	800 meters	F	95 - 99						
State	800 meters	F	95 - 99						
Meet	Discus	F	50 - 54	1998	Connell	Patricia	DE		33.1978
State	Discus	F	50 - 54	1998	Connell	Patricia	DE		33.1978
Meet	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		22.3522
State	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		22.3522
Meet	Discus	F	60 - 64	2001	Mair	Harriet	DE		21.5646
State	Discus	F	60 - 64	2001	Mair	Harriet	DE		21.5646
Meet	Discus	F	65 - 69	2015	Warren	Barbara	WV		18.2800
State	Discus	F	65 - 69	2000	Lisehora	Marion	DE		17.2974
Meet	Discus	F	70 - 74	2016	Warren	Barbara	WV		18.0000
State	Discus	F	70 - 74	2002	Lisehora	Marion	DE		16.8402
Meet	Discus	F	75 - 79	2007	Lisehora	Marion	DE		14.7701
State	Discus	F	75 - 79	2007	Lisehora	Marion	DE		14.7701
Meet	Discus	F	80 - 84						
State	Discus	F	80 - 84						
Meet	Discus	F	85 - 89	2012	Dashiell	Wally	MD		11.0600
State	Discus	F	85 - 89						
Meet	Discus	F	90 - 94						
State	Discus	F	90 - 94						
Meet	Discus	F	95 - 99						
State	Discus	F	95 - 99						
Meet	High Jump	F	50 - 54	2010	Phelps	Jo	VA		1.1684
State	High Jump	F	50 - 54	2002	Mason-Guizzetti	Paulette	DE		.8636
Meet	High Jump	F	55 - 59	2010	Grandison	Delores	DE		1.2700
State	High Jump	F	55 - 59	2010	Grandison	Delores	DE		1.2700
Meet	High Jump	F	60 - 64	2010	Warren	Barbara	WV		1.1176
State	High Jump	F	60 - 64	2001	Blakey	Deloris	DE		.9144
Meet	High Jump	F	65 - 69	2015	Warren	Barbara	WV		1.127
State	High Jump	F	65 - 69	2000	Lisehora	Marion	DE		.8636
Meet	High Jump	F	70 - 74	2016	Warren	Barbara	WV		1.1000
State	High Jump	F	70 - 74	2001	Lisehora	Marion	DE		.8636
Meet	High Jump	F	75 - 79						
State	High Jump	F	75 - 79						
Meet	High Jump	F	80 - 84						
State	High Jump	F	80 - 84						
Meet	High Jump	F	85 - 89						
State	High Jump	F	85 - 89						
Meet	High Jump	F	90 - 94						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	High Jump	F	90 - 94						
Meet	High Jump	F	95 - 99						
State	High Jump	F	95 - 99						
Meet	Javelin	F	50 - 54	2014	Pan	Maureen	VA		21.2200
State	Javelin	F	50 - 54	2016	Sullivan	Trish	DE		20.5600
Meet	Javelin	F	55 - 59	2008	Mason-Guizzetti	Paulette	DE		19.1211
State	Javelin	F	55 - 59	2008	Mason-Guizzetti	Paulette	DE		19.1211
Meet	Javelin	F	60 - 64	2013	Faller	Suzanne	PA		24.2800
State	Javelin	F	60 - 64	2001	Mair	Harriet	DE		21.0947
Meet	Javelin	F	65 - 69	2012	Jenke-McMahan	Diane	NJ		24.2600
State	Javelin	F	65 - 69	1999	Lisehora	Marion	DE		17.3482
Meet	Javelin	F	70 - 74	2015	Jenke-McMahan	Diane	NJ		21.0100
State	Javelin	F	70 - 74	2001	Lisehora	Marion	DE		17.5641
Meet	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		15.5956
State	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		15.5956
Meet	Javelin	F	80 - 84						
State	Javelin	F	80 - 84						
Meet	Javelin	F	85 - 89	2012	Dashiell	Wally	MD		7.1700
State	Javelin	F	85 - 89						
Meet	Javelin	F	90 - 94						
State	Javelin	F	90 - 94						
Meet	Javelin	F	95 - 99						
State	Javelin	F	95 - 99						
Meet	R. Long Jump	F	50 - 54	2012	Phelps	Jo	VA		3.8100
State	R. Long Jump	F	50 - 54						
Meet	R. Long Jump	F	55 - 59	2012	Grandison	Delores	DE		4.1700
State	R. Long Jump	F	55 - 59	2012	Grandison	Delores	DE		4.1700
Meet	R. Long Jump	F	60 - 64	1999	Blakey	Deloris	DE		2.9972
State	R. Long Jump	F	60 - 64	1999	Blakey	Deloris	DE		2.9972
Meet	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		3.4163
State	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		3.4163
Meet	R. Long Jump	F	70 - 74	2016	Warren	Barbara	WV		2.9600
State	R. Long Jump	F	70 - 74	2003	Lisehora	Marion	DE		2.8321
Meet	R. Long Jump	F	75 - 79	2009	Lary	Audrey	MD		3.3274
State	R. Long Jump	F	75 - 79	2008	Lisehora	Marion	DE		2.24155
Meet	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		.8204
State	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		.8204
Meet	R. Long Jump	F	85 - 89						
State	R. Long Jump	F	85 - 89						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	R. Long Jump	F	90 - 94						
State	R. Long Jump	F	90 - 94						
Meet	R. Long Jump	F	95 - 99						
State	R. Long Jump	F	95 - 99						
Meet	S. Long Jump	F	50 - 54	2012	Phelps	Jo	VA		2.2200
State	S. Long Jump	F	50 - 54						
Meet	S. Long Jump	F	55 - 59	2012	Mercurio	Tsipi	VA		2.2000
State	S. Long Jump	F	55 - 59						
Meet	S. Long Jump	F	60 - 64	2009	Warren	Barbara	WV		1.9685
State	S. Long Jump	F	60 - 64						
Meet	S. Long Jump	F	65 - 69	2014	Warren	Barbara	WV		1.8100
State	S. Long Jump	F	65 - 69						
Meet	S. Long Jump	F	70 - 74						
State	S. Long Jump	F	70 - 74						
Meet	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		1.4541
State	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		1.4541
Meet	S. Long Jump	F	80 - 84						
State	S. Long Jump	F	80 - 84						
Meet	S. Long Jump	F	85 - 89						
State	S. Long Jump	F	85 - 89						
Meet	S. Long Jump	F	90 - 94						
State	S. Long Jump	F	90 - 94						
Meet	S. Long Jump	F	95 - 99						
State	S. Long Jump	F	95 - 99						
Meet	Pole Vault	F	50 - 54	2012	Jarjisian	Linda	PA		1.575
State	Pole Vault	F	50 - 54						
Meet	Pole Vault	F	55 - 59						
State	Pole Vault	F	55 - 59						
Meet	Pole Vault	F	60 - 64						
State	Pole Vault	F	60 - 64						
Meet	Pole Vault	F	65 - 69	2012	Berger	Nancy	MD		1.397
State	Pole Vault	F	65 - 69						
Meet	Pole Vault	F	70 - 74	2016	Warren	Barbara	WV		1.3000
State	Pole Vault	F	70 - 74						
Meet	Pole Vault	F	75 - 79						
State	Pole Vault	F	75 - 79						
Meet	Pole Vault	F	80 - 84						
State	Pole Vault	F	80 - 84						
Meet	Pole Vault	F	85 - 89						

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	Pole Vault	F	85 - 89						
Meet	Pole Vault	F	90 - 94						
State	Pole Vault	F	90 - 94						
Meet	Pole Vault	F	95 - 99						
State	Pole Vault	F	95 - 99						
Meet	Shot Put	F	50 - 54	2000	Connell	Patricia	DE	9.7536	
State	Shot Put	F	50 - 54	2000	Connell	Patricia	DE	9.7536	
Meet	Shot Put	F	55 - 59	2010	Grandison	Delores	DE	8.9789	
State	Shot Put	F	55 - 59	2010	Grandison	Delores	DE	8.9789	
Meet	Shot Put	F	60 - 64	2013	Faller	Suzanne	PA	8.28	
State	Shot Put	F	60 - 64	2001	McClung	Luray	DE	7.0180	
Meet	Shot Put	F	65 - 69	2012	Warren	Barbara	WV	7.1500	
State	Shot Put	F	65 - 69	2005	Brown	Doris	DE	6.7818	
Meet	Shot Put	F	70 - 74	2016	Warren	Barbara	WV	6.9400	
State	Shot Put	F	70 - 74	2001	Lisehora	Marion	DE	6.1163	
Meet	Shot Put	F	75 - 79	2015	Kane	Lana	PA	7.0500	
State	Shot Put	F	75 - 79	2007	Lisehora	Marion	DE	5.4229	
Meet	Shot Put	F	80 - 84						
State	Shot Put	F	80 - 84						
Meet	Shot Put	F	85 - 89	2012	Dashiell	Wally	MD	3.2700	
State	Shot Put	F	85 - 89						
Meet	Shot Put	F	90 - 94						
State	Shot Put	F	90 - 94						
Meet	Shot Put	F	95 - 99						
State	Shot Put	F	95 - 99						
Meet	50 meters	M	50 - 54	2012	Butler	Lovell	PA	0:00:05.70	
State	50 meters	M	50 - 54	2012	Glowitz	Gary	DE	0:00:06.07	
Meet	50 meters	M	55 - 59	2012	Kapenstein	Jack	PA	0:00:06.40	
State	50 meters	M	55 - 59	2012	Donovan	John	DE	0:00:06.81	
Meet	50 meters	M	60 - 64	2012	Gritz	David	NJ	0:00:06.29	
State	50 meters	M	60 - 64	2012	Brown	Robert	DE	0:00:06.84	
Meet	50 meters	M	65 - 69	2012	Coleman	Ty	VA	0:00:06.75	
State	50 meters	M	65 - 69	2012	Lovelace	David	DE	0:00:06.97	
Meet	50 meters	M	70 - 74	2016	Schmehl	Glenn	PA	0:00:07.81	
State	50 meters	M	70 - 74	2016	Lovelace	David	DE	0:00:08.16	
Meet	50 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:07.31	
State	50 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:07.31	
Meet	50 meters	M	80 - 84	2012	Keegan	Bob	PA	0:00:07.92	
State	50 meters	M	80 - 84	2014	Obenchain	Tom	DE	0:00:09.78	

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	50 meters	M	85 - 89	2012	Rosadillo	Vicent	PA	0:00:11.01	
State	50 meters	M	85 - 89						
Meet	50 meters	M	90 - 94						
State	50 meters	M	90 - 94						
Meet	50 meters	M	95 - 99						
State	50 meters	M	95 - 99						
Meet	100 meters	M	50 - 54	2009	Butler	Lovell	PA	0:00:11.63	
Meet	100 meters	M	50 - 54	2007	Leight	Gary	DE	0:00:12.40	
State	100 meters	M	50 - 54	2000	Terry	James	DE	0:00:12.40	
State	100 meters	M	50 - 54	2007	Leight	Gary	DE	0:00:12.40	
Meet	100 meters	M	55 - 59	2016	Tolin	Zac	MD	0:00:12.24	
State	100 meters	M	55 - 59	2004	Terry	James	DE	0:00:12.30	
Meet	100 meters	M	60 - 64	2015	Brown	Franklin	MD	0:00:12.94	
State	100 meters	M	60 - 64	2005	McCrea	Claude	DE	0:00:13.50	
Meet	100 meters	M	65 - 69	2016	Warren	Don	PA	0:00:13.39	
State	100 meters	M	65 - 69	2011	McCrea	Claude	DE	0:00:14.16	
Meet	100 meters	M	70 - 74	1993	Lenoir	James	DE	0:00:14.10	
State	100 meters	M	70 - 74	1993	Lenoir	James	DE	0:00:14.10	
Meet	100 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:15.38	
State	100 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:15.38	
Meet	100 meters	M	80 - 84	2016	Vears	Terry	NJ	0:00:16.92	
State	100 meters	M	80 - 84	1997	Bridson	Frank	DE	0:00:17.70	
Meet	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40	
State	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40	
Meet	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20	
State	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20	
Meet	100 meters	M	95 - 99						
State	100 meters	M	95 - 99						
Meet	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00	
State	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00	
Meet	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40	
State	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40	
Meet	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00	
State	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00	
Meet	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04	
State	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04	
Meet	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20	
State	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20	
Meet	1500 meters	M	75 - 79	2003	Sayers	Jim	DE	0:06:56.50	

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseNIrlympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	1500 meters	M	75 - 79	2003	Sayers	Jim	DE	0:06:56.50	
Meet	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28	
State	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28	
Meet	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00	
State	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00	
Meet	1500 meters	M	90 - 94						
State	1500 meters	M	90 - 94						
Meet	1500 meters	M	95 - 99						
State	1500 meters	M	95 - 99						
Meet	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58	
State	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58	
Meet	200 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:25.72	
State	200 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:25.72	
Meet	200 meters	M	60 - 64	2016	Brooks	John	NY	0:00:26.50	
State	200 meters	M	60 - 64	2000	Lutz	Jay	DE	0:00:28.10	
Meet	200 meters	M	65 - 69	2015	Peters	Ethelbert	MD	0:00:27.81	
State	200 meters	M	65 - 69	2010	Lovelace	David	DE	0:00:30.44	
Meet	200 meters	M	70 - 74	2009	Paulen	Robert	DE	0:00:31.92	
State	200 meters	M	70 - 74	2009	Paulen	Robert	DE	0:00:31.92	
Meet	200 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:31.79	
State	200 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:31.79	
Meet	200 meters	M	80 - 84	2009	Rice	Tom	PA	0:00:38.04	
State	200 meters	M	80 - 84	2009	Knobloch	Fred	DE	0:00:40.93	
Meet	200 meters	M	85 - 89	2012	Rosadillo	Vicent	PA	0:00:47.50	
State	200 meters	M	85 - 89	2010	Meadar	Robert	DE	0:00:49.82	
Meet	200 meters	M	90 - 94						
State	200 meters	M	90 - 94						
Meet	200 meters	M	95 - 99						
State	200 meters	M	95 - 99						
Meet	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.50	
State	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.45	
Meet	400 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:59.69	
State	400 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:59.69	
Meet	400 meters	M	60 - 64	2016	Brooks	John	NY	0:01:02.31	
State	400 meters	M	60 - 64	2006	Flowers	Jerry	DE	0:01:06.30	
Meet	400 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:01:12.90	
State	400 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:01:12.90	
Meet	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60	
State	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60	

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseNIorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	400 meters	M	75 - 79	2012	Paulen	Robert	DE	0:01:19.87	
State	400 meters	M	75 - 79	2012	Paulen	Robert	DE	0:01:19.87	
Meet	400 meters	M	80 - 84	2005	Meader	Robert	DE	0:01:52.20	
State	400 meters	M	80 - 84	2005	Meader	Robert	DE	0:01:52.20	
Meet	400 meters	M	85 - 89	2010	Meader	Robert	DE	0:02:40.00	
State	400 meters	M	85 - 89	2010	Meader	Robert	DE	0:02:40.00	
Meet	400 meters	M	90 - 94						
State	400 meters	M	90 - 94						
Meet	400 meters	M	95 - 99						
State	400 meters	M	95 - 99						
Meet	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10	
State	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10	
Meet	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00	
State	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00	
Meet	800 meters	M	60 - 64	2002	Zwolak	Vic	DE	0:02:38.40	
State	800 meters	M	60 - 64	2002	Zwolak	Vic	DE	0:02:38.40	
Meet	800 meters	M	65 - 69	2012	Callender	Rodney	DE	0:02:47.00	
State	800 meters	M	65 - 69	2012	Callender	Rodney	DE	0:02:47.00	
Meet	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40	
State	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40	
Meet	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70	
State	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70	
Meet	800 meters	M	80 - 84	2015	Button	John	DE	0:04:41.07	
State	800 meters	M	80 - 84	2015	Button	John	DE	0:04:41.07	
Meet	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10	
State	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10	
Meet	800 meters	M	90 - 94						
State	800 meters	M	90 - 94						
Meet	800 meters	M	95 - 99						
State	800 meters	M	95 - 99						
Meet	Discus	M	50 - 54	2007	Baumanis	Aivars	DE		36.9062
State	Discus	M	50 - 54	2007	Baumanis	Aivars	DE		36.9062
Meet	Discus	M	55 - 59	1997	Pratt	Larry	DE		50.2158
State	Discus	M	55 - 59	1997	Pratt	Larry	DE		50.2158
Meet	Discus	M	60 - 64	2002	Pratt	Larry	DE		56.1848
State	Discus	M	60 - 64	2002	Pratt	Larry	DE		56.1848
Meet	Discus	M	65 - 69	2010	Pratt	Larry	DE		43.6372
State	Discus	M	65 - 69	2010	Pratt	Larry	DE		43.6372
Meet	Discus	M	70 - 74	2011	Pratt	Larry	DE		42.56

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseNIorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	Discus	M	70 - 74	2011	Pratt	Larry	DE		42.56
Meet	Discus	M	75 - 79	2012	Overbeck	Lew	DE		30.2700
State	Discus	M	75 - 79	2012	Overbeck	Lew	DE		30.2700
Meet	Discus	M	80 - 84	2015	Jones	Ward	MD		24.9700
State	Discus	M	80 - 84	1998	Irwin	Charlie	DE		24.2316
Meet	Discus	M	85 - 89	2016	Taylor	George	DE		11.4000
State	Discus	M	85 - 89	2016	Taylor	George	DE		11.4000
Meet	Discus	M	90 - 94						
State	Discus	M	90 - 94						
Meet	Discus	M	95 - 99						
State	Discus	M	95 - 99						
Meet	High Jump	M	50 - 54	2004	Jackson	Terry	DE		1.5494
State	High Jump	M	50 - 54	2004	Jackson	Terry	DE		1.5494
Meet	High Jump	M	55 - 59	2006	Boddy	Bob	DE		1.5240
Meet	High Jump	M	55 - 59	2009	Mathis	Keith	MD		1.5240
State	High Jump	M	55 - 59	2006	Boddy	Bob	DE		1.5240
Meet	High Jump	M	60 - 64	2006	Holt	Rick	DE		1.5240
State	High Jump	M	60 - 64	2006	Holt	Rick	DE		1.5240
Meet	High Jump	M	65 - 69	2011	Holt	Rick	DE		1.4732
State	High Jump	M	65 - 69	2011	Holt	Rick	DE		1.4732
Meet	High Jump	M	70 - 74	2016	Holt	Rick	DE		1.3500
State	High Jump	M	70 - 74	2016	Holt	Rick	DE		1.3500
Meet	High Jump	M	75 - 79	2012	Paulen	Robert	DE		1.219
State	High Jump	M	75 - 79	2012	Paulen	Robert	DE		1.219
Meet	High Jump	M	80 - 84	2011	Condell	James	MD		1.0668
State	High Jump	M	80 - 84						
Meet	High Jump	M	85 - 89						
State	High Jump	M	85 - 89						
Meet	High Jump	M	90 - 94						
State	High Jump	M	90 - 94						
Meet	High Jump	M	95 - 99						
State	High Jump	M	95 - 99						
Meet	Javelin	M	50 - 54	2011	Garza	Len	PA		47.68
State	Javelin	M	50 - 54	2003	Rawlins	Jay	DE		32.8168
Meet	Javelin	M	55 - 59	2012	Makous	Monte	VA		49.03
State	Javelin	M	55 - 59	2011	Pollice	Guy	DE		39.29
Meet	Javelin	M	60 - 64	1999	Ryan	John	DE		37.6428
State	Javelin	M	60 - 64	1999	Ryan	John	DE		37.6428
Meet	Javelin	M	65 - 69	2009	Kenney	James	MD		42.7728

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	Javelin	M	65 - 69	2011	Karimian	Seyavash	DE		36.24
Meet	Javelin	M	70 - 74	2011	Balderston	Robert	DE		38.10
State	Javelin	M	70 - 74	2011	Balderston	Robert	DE		38.10
Meet	Javelin	M	75 - 79	2016	Kenney	James	MD		34.7000
State	Javelin	M	75 - 79	2012	Balderston	Robert	DE		30.7200
Meet	Javelin	M	80 - 84	2016	Kent	Geoffrey	DC		23.6700
State	Javelin	M	80 - 84	2004	Wagner	Robert	DE		21.7424
Meet	Javelin	M	85 - 89	2012	Rosadillo	Vicent	PA		10.6700
State	Javelin	M	85 - 89	2015	Taylor	George	DE		8.5300
Meet	Javelin	M	90 - 94						
State	Javelin	M	90 - 94						
Meet	Javelin	M	95 - 99						
State	Javelin	M	95 - 99						
Meet	R. Long Jump	M	50 - 54	2012	Woodridge	Kevin	PA		5.1300
State	R. Long Jump	M	50 - 54	2012	Glowitz	Gary	DE		5.0200
Meet	R. Long Jump	M	55 - 59	2014	Choppa	Rick	NY		5.3000
State	R. Long Jump	M	55 - 59	2014	Glowitz	Gary	DE		5.1100
Meet	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		5.0394
State	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		5.0394
Meet	R. Long Jump	M	65 - 69	2014	Boddy	Bob	DE		4.7300
State	R. Long Jump	M	65 - 69	2014	Boddy	Bob	DE		4.7300
Meet	R. Long Jump	M	70 - 74	2011	Paulen	Robert	DE		3.87
State	R. Long Jump	M	70 - 74	2011	Paulen	Robert	DE		3.87
Meet	R. Long Jump	M	75 - 79	2012	Paulen	Robert	DE		4.0700
State	R. Long Jump	M	75 - 79	2012	Paulen	Robert	DE		4.0700
Meet	R. Long Jump	M	80 - 84	2009	Rice	Tom	PA		3.5179
State	R. Long Jump	M	80 - 84	1999	Irwin	Charles	DE		2.8575
Meet	R. Long Jump	M	85 - 89						
State	R. Long Jump	M	85 - 89						
Meet	R. Long Jump	M	90 - 94						
State	R. Long Jump	M	90 - 94						
Meet	R. Long Jump	M	95 - 99						
State	R. Long Jump	M	95 - 99						
Meet	S. Long Jump	M	50 - 54	2011	Lemon	Charles	PA		2.81
State	S. Long Jump	M	50 - 54	2011	Glowitz	Gary	DE		2.68
Meet	S. Long Jump	M	55 - 59	2013	Glowitz	Gary	DE		2.74
State	S. Long Jump	M	55 - 59	2013	Glowitz	Gary	DE		2.74
Meet	S. Long Jump	M	60 - 64	2016	Reinhardt	Gene	NJ		2.77
State	S. Long Jump	M	60 - 64	2011	Duggins	Ronald	DE		2.60

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	S. Long Jump	M	65 - 69	2014	Duggins	Ronald	DE		2.5800
State	S. Long Jump	M	65 - 69	2014	Duggins	Ronald	DE		2.5800
Meet	S. Long Jump	M	70 - 74	2015	Lovelace	David	DE		2.3600
State	S. Long Jump	M	70 - 74	2015	Lovelace	David	DE		2.3600
Meet	S. Long Jump	M	75 - 79	2009	Truitt	Donald	MD		2.1590
State	S. Long Jump	M	75 - 79	2008	Kjelleren	Donald	DE		1.9812
Meet	S. Long Jump	M	80 - 84	2011	Condell	James	MD		2.02
State	S. Long Jump	M	80 - 84	2008	Dawkins	William	DE		1.4605
Meet	S. Long Jump	M	85 - 89	2015	Taylor	George	DE		1.1300
State	S. Long Jump	M	85 - 89	2015	Taylor	George	DE		1.1300
Meet	S. Long Jump	M	90 - 94						
State	S. Long Jump	M	90 - 94						
Meet	S. Long Jump	M	95 - 99						
State	S. Long Jump	M	95 - 99						
Meet	Pole Vault	M	50 - 54						
State	Pole Vault	M	50 - 54						
Meet	Pole Vault	M	55 - 59	2016	Mortensen	Ted	PA		2.7400
State	Pole Vault	M	55 - 59						
Meet	Pole Vault	M	60 - 64						
State	Pole Vault	M	60 - 64						
Meet	Pole Vault	M	65 - 69	2012	Fisher	Donald	DE		2.210
State	Pole Vault	M	65 - 69	2012	Fisher	Donald	DE		2.210
Meet	Pole Vault	M	70 - 74	2016	Marovich	Dave	PA		1.3000
State	Pole Vault	M	70 - 74						
Meet	Pole Vault	M	75 - 79						
State	Pole Vault	M	75 - 79						
Meet	Pole Vault	M	80 - 84	2011	Condell	James	MD		1.8288
State	Pole Vault	M	80 - 84	2011	Taylor	George	DE		.9144
Meet	Pole Vault	M	85 - 89						
State	Pole Vault	M	85 - 89						
Meet	Pole Vault	M	90 - 94						
State	Pole Vault	M	90 - 94						
Meet	Pole Vault	M	95 - 99						
State	Pole Vault	M	95 - 99						
Meet	Shot Put	M	50 - 54	2011	Taylor	Warren	PA		13.94
State	Shot Put	M	50 - 54	2001	Jackson	Phillip	DE		11.7129
Meet	Shot Put	M	55 - 59	2011	O'Donnell	Robert	PA		12.85
State	Shot Put	M	55 - 59	2000	Pratt	Larry	DE		12.7254
Meet	Shot Put	M	60 - 64	2016	Palleschi	Hartley	PA		12.3700

Delaware Senior Olympics Records after 2016 Games

TRACK AND FIELD

State Records can only be set by Delaware Residents.

Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE admin@delawareseniorolympics.org

Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	Shot Put	M	60 - 64	1998	Overbeck	Lew	DE		11.5138
Meet	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		10.8204
State	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		10.8204
Meet	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		11.3538
State	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		11.3538
Meet	Shot Put	M	75 - 79	2010	Overbeck	Lew	DE		10.3505
State	Shot Put	M	75 - 79	2010	Overbeck	Lew	DE		10.3505
Meet	Shot Put	M	80 - 84	2013	Jones	Ward	MD		9.5200
State	Shot Put	M	80 - 84	2009	Bonner	John	DE		7.9400
Meet	Shot Put	M	85 - 89	2007	Perry	Russell	DE		8.1661
State	Shot Put	M	85 - 89	2007	Perry	Russell	DE		8.1661
Meet	Shot Put	M	90 - 94						
State	Shot Put	M	90 - 94						
Meet	Shot Put	M	95 - 99						
State	Shot Put	M	95 - 99						