

Delaware Senior Olympics Records after 2023 Games

SWIMMING

File is complete for performance records in the following sports

State Records can only be set by Delaware Residents. Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: admin@delawareseNIorolympics.org

Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	100 Yd Backstroke	F	50 - 54	2008	Deakyne	Kay	DE	0:01:01.75
State	Swimming	100 Yd Backstroke	F	50 - 54	2008	Deakyne	Kay	DE	0:01:01.75
Meet	Swimming	100 Yd Backstroke	F	55 - 59	2019	Flanders	Susan	DE	0:01:19.39
State	Swimming	100 Yd Backstroke	F	55 - 59	2019	Flanders	Susan	DE	0:01:19.39
Meet	Swimming	100 Yd Backstroke	F	60 - 64	2008	Hajec	Susan	DE	0:01:23.16
State	Swimming	100 Yd Backstroke	F	60 - 64	2008	Hajec	Susan	DE	0:01:23.16
Meet	Swimming	100 Yd Backstroke	F	65 - 69	2018	Palmer	Beverly	DE	0:01:43.22
State	Swimming	100 Yd Backstroke	F	65 - 69	2018	Palmer	Beverly	DE	0:01:43.22
Meet	Swimming	100 Yd Backstroke	F	70 - 74	2014	Hanna	Nancy	DE	0:02:02.56
State	Swimming	100 Yd Backstroke	F	70 - 74	2014	Hanna	Nancy	DE	0:02:02.56
Meet	Swimming	100 Yd Backstroke	F	75 - 79	1998	Archer	Dorothy	DE	0:02:10.16
State	Swimming	100 Yd Backstroke	F	75 - 79	1998	Archer	Dorothy	DE	0:02:10.16
Meet	Swimming	100 Yd Backstroke	F	80 - 84	2023	Hanna	Nancy	DE	0:02:30.61
State	Swimming	100 Yd Backstroke	F	80 - 84	2023	Hanna	Nancy	DE	0:02:31.59
Meet	Swimming	100 Yd Backstroke	F	85 - 89	2002	Zdeb	Verda	DE	0:04:28.28
State	Swimming	100 Yd Backstroke	F	85 - 89	2002	Zdeb	Verda	DE	0:04:28.28
Meet	Swimming	100 Yd Backstroke	F	90 - 94					
State	Swimming	100 Yd Backstroke	F	90 - 94					
Meet	Swimming	100 Yd Backstroke	F	95 - 99					
State	Swimming	100 Yd Backstroke	F	95 - 99					
Meet	Swimming	100 Yd Breaststroke	F	50 - 54	2019	Smith	Donna	DE	0:01:29.16
State	Swimming	100 Yd Breaststroke	F	50 - 54	2019	Smith	Donna	DE	0:01:29.16
Meet	Swimming	100 Yd Breaststroke	F	55 - 59	2010	White	Maureen	DE	0:01:31.87
State	Swimming	100 Yd Breaststroke	F	55 - 59	2010	White	Maureen	DE	0:01:31.87
Meet	Swimming	100 Yd Breaststroke	F	60 - 64	2015	White	Maureen	DE	0:01:34.25
State	Swimming	100 Yd Breaststroke	F	60 - 64	2015	White	Maureen	DE	0:01:34.25
Meet	Swimming	100 Yd Breaststroke	F	65 - 69	2018	Wolff	Melinda	PA	0:01:26.88

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	100 Yd Breaststroke	F	65 - 69	2012	Neaves	Marie	DE	0:01:45.13
Meet	Swimming	100 Yd Breaststroke	F	70 - 74	2018	Neaves	Marie	DE	0:01:26.88
State	Swimming	100 Yd Breaststroke	F	70 - 74	2018	Neaves	Marie	DE	0:01:26.88
Meet	Swimming	100 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:02:26.29
State	Swimming	100 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:02:26.29
Meet	Swimming	100 Yd Breaststroke	F	80 - 84	2008	Tuovila	Miriam	VA	0:02:26.43
State	Swimming	100 Yd Breaststroke	F	80 - 84	2018	Bissey	Gertrude	DE	0:02:51.22
Meet	Swimming	100 Yd Breaststroke	F	85 - 89	2013	Jankus	H.Lynn	DE	0:05:26.37
State	Swimming	100 Yd Breaststroke	F	85 - 89	2013	Jankus	H.Lynn	DE	0:05:26.37
Meet	Swimming	100 Yd Breaststroke	F	90 - 94					
State	Swimming	100 Yd Breaststroke	F	90 - 94					
Meet	Swimming	100 Yd Breaststroke	F	95 - 99					
State	Swimming	100 Yd Breaststroke	F	95 - 99					
Meet	Swimming	100 Yd Butterfly	F	50 - 54	2006	Deakyne	Kay	DE	0:01:30.47
State	Swimming	100 Yd Butterfly	F	50 - 54	2006	Deakyne	Kay	DE	0:01:30.47
Meet	Swimming	100 Yd Butterfly	F	55 - 59	2018	Emerson	Alane	MD	0:01:45.69
State	Swimming	100 Yd Butterfly	F	55 - 59					
Meet	Swimming	100 Yd Butterfly	F	60 - 64	2019	Lampe	Betty	NJ	0:01:32.62
State	Swimming	100 Yd Butterfly	F	60 - 64	2015	Antonioli	Bernadette	DE	0:01:51.70
Meet	Swimming	100 Yd Butterfly	F	65 - 69	2022	Lampe	Betty	NJ	0:01:47.31
State	Swimming	100 Yd Butterfly	F	65 - 69					
Meet	Swimming	100 Yd Butterfly	F	70 - 74	2023	Antonioli	Bernadette	DE	0:01:43.03
State	Swimming	100 Yd Butterfly	F	70 - 74	2023	Antonioli	Bernadette	DE	0:01:43.03
Meet	Swimming	100 Yd Butterfly	F	75 - 79					
State	Swimming	100 Yd Butterfly	F	75 - 79					
Meet	Swimming	100 Yd Butterfly	F	80 - 84					
State	Swimming	100 Yd Butterfly	F	80 - 84					

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	100 Yd Butterfly	F	85 - 89					
State	Swimming	100 Yd Butterfly	F	85 - 89					
Meet	Swimming	100 Yd Butterfly	F	90 - 94					
State	Swimming	100 Yd Butterfly	F	90 - 94					
Meet	Swimming	100 Yd Butterfly	F	95 - 99					
State	Swimming	100 Yd Butterfly	F	95 - 99					
Meet	Swimming	100 Yd Freestyle	F	50 - 54	2018	Smith	Donna	DE	0:01:10.62
State	Swimming	100 Yd Freestyle	F	50 - 54	2018	Smith	Donna	DE	0:01:10.62
Meet	Swimming	100 Yd Freestyle	F	55 - 59	2018	Flanders	Susan	DE	0:01:07.41
State	Swimming	100 Yd Freestyle	F	55 - 59	2018	Flanders	Susan	DE	0:01:07.41
Meet	Swimming	100 Yd Freestyle	F	60 - 64	2009	Hajec	Susan	DE	0:01:12.56
State	Swimming	100 Yd Freestyle	F	60 - 64	2009	Hajec	Susan	DE	0:01:12.56
Meet	Swimming	100 Yd Freestyle	F	65 - 69	2018	Wolff	Melinda	PA	0:01:10.56
State	Swimming	100 Yd Freestyle	F	65 - 69	1994	Troy	Jean	DE	0:01:22.40
Meet	Swimming	100 Yd Freestyle	F	70 - 74	2021	Andrews	Lynne	MD	0:01:37.76
State	Swimming	100 Yd Freestyle	F	70 - 74	2012	Hanna	Nancy	DE	0:01:39.44
Meet	Swimming	100 Yd Freestyle	F	75 - 79	2017	Krieger	Santa	DE	0:01:51.16
State	Swimming	100 Yd Freestyle	F	75 - 79	2017	Krieger	Santa	DE	0:01:51.16
Meet	Swimming	100 Yd Freestyle	F	80 - 84	2023	Hanna	Nancy	DE	0:02:07.17
State	Swimming	100 Yd Freestyle	F	80 - 84	2023	Hanna	Nancy	DE	0:02:07.17
Meet	Swimming	100 Yd Freestyle	F	85 - 89	2022	Rushmere	Janet	DE	0:02:11.25
State	Swimming	100 Yd Freestyle	F	85 - 89	2018	Hess	Nancy	DE	0:02:16.72
Meet	Swimming	100 Yd Freestyle	F	90 - 94					
State	Swimming	100 Yd Freestyle	F	90 - 94					
Meet	Swimming	100 Yd Freestyle	F	95 - 99					
State	Swimming	100 Yd Freestyle	F	95 - 99					

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	100 Yd Ind Medley	F	50 - 54	2019	Long	Kelly	DE	0:01:15.03
State	Swimming	100 Yd Ind Medley	F	50 - 54	2019	Long	Kelly	DE	0:01:15.03
Meet	Swimming	100 Yd Ind Medley	F	55 - 59	2021	Flanders	Susan	DE	0:01:19.78
State	Swimming	100 Yd Ind Medley	F	55 - 59	2021	Flanders	Susan	DE	0:01:19.78
Meet	Swimming	100 Yd Ind Medley	F	60 - 64	2008	Hajec	Susan	DE	0:01:23.84
State	Swimming	100 Yd Ind Medley	F	60 - 64	2008	Hajec	Susan	DE	0:01:23.84
Meet	Swimming	100 Yd Ind Medley	F	65 - 69	2018	Palmer	Beverly	DE	0:01:40.50
State	Swimming	100 Yd Ind Medley	F	65 - 69	2018	Palmer	Beverly	DE	0:01:40.50
Meet	Swimming	100 Yd Ind Medley	F	70 - 74	2012	Hanna	Nancy	DE	0:01:50.64
State	Swimming	100 Yd Ind Medley	F	70 - 74	2012	Hanna	Nancy	DE	0:01:50.64
Meet	Swimming	100 Yd Ind Medley	F	75 - 79	2018	Hanna	Nancy	DE	0:02:09.28
State	Swimming	100 Yd Ind Medley	F	75 - 79	2018	Hanna	Nancy	DE	0:02:09.28
Meet	Swimming	100 Yd Ind Medley	F	80 - 84	2023	Hanna	Nancy	DE	0:02:35.56
State	Swimming	100 Yd Ind Medley	F	80 - 84	2023	Hanna	Nancy	DE	0:02:35.56
Meet	Swimming	100 Yd Ind Medley	F	85 - 89					
State	Swimming	100 Yd Ind Medley	F	85 - 89					
Meet	Swimming	100 Yd Ind Medley	F	90 - 94					
State	Swimming	100 Yd Ind Medley	F	90 - 94					
Meet	Swimming	100 Yd Ind Medley	F	95 - 99					
State	Swimming	100 Yd Ind Medley	F	95 - 99					
Meet	Swimming	200 Yd Backstroke	F	50 - 54	2006	Deakyne	Kay	DE	0:03:09.72
State	Swimming	200 Yd Backstroke	F	50 - 54	2006	Deakyne	Kay	DE	0:03:09.72
Meet	Swimming	200 Yd Backstroke	F	55 - 59	2005	Hajec	Susan	DE	0:03:05.32
State	Swimming	200 Yd Backstroke	F	55 - 59	2005	Hajec	Susan	DE	0:03:05.32
Meet	Swimming	200 Yd Backstroke	F	60 - 64	2008	Hunt	Andrea	DC	0:03:00.42
State	Swimming	200 Yd Backstroke	F	60 - 64	2017	Palmer	Beverly	DE	0:03:38.53
Meet	Swimming	200 Yd Backstroke	F	65 - 69	2019	Palmer	Beverly	DE	0:03:44.09

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	200 Yd Backstroke	F	65 - 69	2019	Palmer	Beverly	DE	0:03:44.09
Meet	Swimming	200 Yd Backstroke	F	70 - 74	2010	Brown	Nancy	MD	0:03:29.63
State	Swimming	200 Yd Backstroke	F	70 - 74	2003	Mackie	Nellie Ray	DE	0:04:31.75
Meet	Swimming	200 Yd Backstroke	F	75 - 79	2012	Hutchens	Betty	DE	0:04:49.29
State	Swimming	200 Yd Backstroke	F	75 - 79	2012	Hutchens	Betty	DE	0:04:49.29
Meet	Swimming	200 Yd Backstroke	F	80 - 84	2018	Bissey	Gertrude	DE	0:05:36.19
State	Swimming	200 Yd Backstroke	F	80 - 84	2018	Bissey	Gertrude	DE	0:05:36.19
Meet	Swimming	200 Yd Backstroke	F	85 - 89					
State	Swimming	200 Yd Backstroke	F	85 - 89					
Meet	Swimming	200 Yd Backstroke	F	90 - 94					
State	Swimming	200 Yd Backstroke	F	90 - 94					
Meet	Swimming	200 Yd Backstroke	F	95 - 99					
State	Swimming	200 Yd Backstroke	F	95 - 99					
Meet	Swimming	200 Yd Breaststroke	F	50 - 54	2011	Wallace	Karen	DE	0:03:28.76
State	Swimming	200 Yd Breaststroke	F	50 - 54	2011	Wallace	Karen	DE	0:03:28.76
Meet	Swimming	200 Yd Breaststroke	F	55 - 59	2012	White	Maureen	DE	0:03:21.70
State	Swimming	200 Yd Breaststroke	F	55 - 59	2012	White	Maureen	DE	0:03:21.70
Meet	Swimming	200 Yd Breaststroke	F	60 - 64	2015	White	Maureen	DE	0:03:27.76
State	Swimming	200 Yd Breaststroke	F	60 - 64	2015	White	Maureen	DE	0:03:27.76
Meet	Swimming	200 Yd Breaststroke	F	65 - 69	2021	White	Maureen	DE	0:03:42.95
State	Swimming	200 Yd Breaststroke	F	65 - 69	2021	White	Maureen	DE	0:03:42.95
Meet	Swimming	200 Yd Breaststroke	F	70 - 74	2018	Neaves	Marie	DE	0:04:14.38
State	Swimming	200 Yd Breaststroke	F	70 - 74	2018	Neaves	Marie	DE	0:04:14.38
Meet	Swimming	200 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:05:13.19
State	Swimming	200 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:05:13.19
Meet	Swimming	200 Yd Breaststroke	F	80 - 84	2021	Bissey	Gertrude	DE	0:06:53.57
State	Swimming	200 Yd Breaststroke	F	80 - 84	2021	Bissey	Gertrude	DE	0:06:53.57

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	200 Yd Breaststroke	F	85 - 89	2013	Jankus	H. Lynn	DE	0:08:49.94
State	Swimming	200 Yd Breaststroke	F	85 - 89	2013	Jankus	H. Lynn	DE	0:08:49.94
Meet	Swimming	200 Yd Breaststroke	F	90 - 94					
State	Swimming	200 Yd Breaststroke	F	90 - 94					
Meet	Swimming	200 Yd Breaststroke	F	95 - 99					
State	Swimming	200 Yd Breaststroke	F	95 - 99					
Meet	Swimming	200 Yd Butterfly	F	50 - 54	2016	Nicholls	Victoria	VA	0:05:36.63
State	Swimming	200 Yd Butterfly	F	50 - 54					
Meet	Swimming	200 Yd Butterfly	F	55 - 59					
State	Swimming	200 Yd Butterfly	F	55 - 59					
Meet	Swimming	200 Yd Butterfly	F	60 - 64	2016	Lampe	Betty	NJ	0:03:40.76
State	Swimming	200 Yd Butterfly	F	60 - 64					
Meet	Swimming	200 Yd Butterfly	F	65 - 69	2021	Lampe	Betty	DE	0:04:07.10
State	Swimming	200 Yd Butterfly	F	65 - 69	2021	Lampe	Betty	DE	0:04:07.10
Meet	Swimming	200 Yd Butterfly	F	70 - 74					
State	Swimming	200 Yd Butterfly	F	70 - 74					
Meet	Swimming	200 Yd Butterfly	F	75 - 79					
State	Swimming	200 Yd Butterfly	F	75 - 79					
Meet	Swimming	200 Yd Butterfly	F	80 - 84					
State	Swimming	200 Yd Butterfly	F	80 - 84					
Meet	Swimming	200 Yd Butterfly	F	85 - 89					
State	Swimming	200 Yd Butterfly	F	85 - 89					
Meet	Swimming	200 Yd Butterfly	F	90 - 94					
State	Swimming	200 Yd Butterfly	F	90 - 94					
Meet	Swimming	200 Yd Butterfly	F	95 - 99					
State	Swimming	200 Yd Butterfly	F	95 - 99					

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	200 Yd Freestyle	F	50 - 54	2019	Smith	Donna	DE	0:02:42.61
State	Swimming	200 Yd Freestyle	F	50 - 54	2019	Smith	Donna	DE	0:02:42.61
Meet	Swimming	200 Yd Freestyle	F	55 - 59	2019	Flanders	Susan	DE	0:02:29.56
State	Swimming	200 Yd Freestyle	F	55 - 59	2019	Flanders	Susan	DE	0:02:29.56
Meet	Swimming	200 Yd Freestyle	F	60 - 64	2008	Hunt	Andrea	DC	0:02:41.49
State	Swimming	200 Yd Freestyle	F	60 - 64	2008	Hajec	Susan	DE	0:02:44.29
Meet	Swimming	200 Yd Freestyle	F	65 - 69	2022	Keisling	Christine	PA	0:02:37.94
State	Swimming	200 Yd Freestyle	F	65 - 69	2023	Dean	Penny Lee	DE	0:02:47.77
Meet	Swimming	200 Yd Freestyle	F	70 - 74	2010	Brown	Nancy	MD	0:03:16.03
State	Swimming	200 Yd Freestyle	F	70 - 74	2001	Lisehora	Marion	DE	0:04:09.73
Meet	Swimming	200 Yd Freestyle	F	75 - 79	2007	Lisehora	Marion	DE	0:04:29.80
State	Swimming	200 Yd Freestyle	F	75 - 79	2007	Lisehora	Marion	DE	0:04:29.80
Meet	Swimming	200 Yd Freestyle	F	80 - 84	2011	Lisehora	Marion	DE	0:04:59.72
State	Swimming	200 Yd Freestyle	F	80 - 84	2011	Lisehora	Marion	DE	0:04:59.72
Meet	Swimming	200 Yd Freestyle	F	85 - 89	2013	Jankus	H.Lynn	DE	0:08:16.86
State	Swimming	200 Yd Freestyle	F	85 - 89	2013	Jankus	H.Lynn	DE	0:08:16.86
Meet	Swimming	200 Yd Freestyle	F	90 - 94					
State	Swimming	200 Yd Freestyle	F	90 - 94					
Meet	Swimming	200 Yd Freestyle	F	95 - 99					
State	Swimming	200 Yd Freestyle	F	95 - 99					
Meet	Swimming	200 Yd Ind Medley	F	50 - 54	2005	Deakyne	Kay	DE	0:03:07.62
State	Swimming	200 Yd Ind Medley	F	50 - 54	2005	Deakyne	Kay	DE	0:03:07.62
Meet	Swimming	200 Yd Ind Medley	F	55 - 59	2011	Keisling	Christine	DE	2:56:35.00
State	Swimming	200 Yd Ind Medley	F	55 - 59	2011	Keisling	Christine	DE	2:56:35.00
Meet	Swimming	200 Yd Ind Medley	F	60 - 64	2008	Hajec	Susan	DE	0:03:10.04
State	Swimming	200 Yd Ind Medley	F	60 - 64	2008	Hajec	Susan	DE	0:03:10.04
Meet	Swimming	200 Yd Ind Medley	F	65 - 69	2022	Lampe	Betty	NJ	0:03:34.00

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	200 Yd Ind Medley	F	65 - 69	1994	Troy	Jean	DE	0:03:36.50
Meet	Swimming	200 Yd Ind Medley	F	70 - 74					
State	Swimming	200 Yd Ind Medley	F	70 - 74					
Meet	Swimming	200 Yd Ind Medley	F	75 - 79	2016	Bissey	Gertrude	DE	0:06:15.61
State	Swimming	200 Yd Ind Medley	F	75 - 79	2016	Bissey	Gertrude	DE	0:06:15.61
Meet	Swimming	200 Yd Ind Medley	F	80 - 84	2007	Tuovila	Miriam	VA	0:05:30.70
State	Swimming	200 Yd Ind Medley	F	80 - 84					
Meet	Swimming	200 Yd Ind Medley	F	85 - 89					
State	Swimming	200 Yd Ind Medley	F	85 - 89					
Meet	Swimming	200 Yd Ind Medley	F	90 - 94					
State	Swimming	200 Yd Ind Medley	F	90 - 94					
Meet	Swimming	200 Yd Ind Medley	F	95 - 99					
State	Swimming	200 Yd Ind Medley	F	95 - 99					
Meet	Swimming	400 Yd Freestyle	F	50 - 54	1997	Sigler	Ingrid	DE	0:08:30.03
State	Swimming	400 Yd Freestyle	F	50 - 54	1997	Sigler	Ingrid	DE	0:08:30.03
Meet	Swimming	400 Yd Freestyle	F	55 - 59	1993	Hutchins	Betty	DE	0:10:55.53
State	Swimming	400 Yd Freestyle	F	55 - 59	1993	Hutchins	Betty	DE	0:10:55.53
Meet	Swimming	400 Yd Freestyle	F	60 - 64	1994	Hess	Nancy	DE	0:07:37.81
State	Swimming	400 Yd Freestyle	F	60 - 64	1994	Hess	Nancy	DE	0:07:37.81
Meet	Swimming	400 Yd Freestyle	F	65 - 69	1994	Troy	Jean	DE	0:06:10.25
State	Swimming	400 Yd Freestyle	F	65 - 69	1994	Troy	Jean	DE	0:06:10.25
Meet	Swimming	400 Yd Freestyle	F	70 - 74	1994	Dale	Janet	DE	0:10:00.84
State	Swimming	400 Yd Freestyle	F	70 - 74	1994	Dale	Janet	DE	0:10:00.84
Meet	Swimming	400 Yd Freestyle	F	75 - 79	1999	Dale	Janet	DE	0:11:13.12
State	Swimming	400 Yd Freestyle	F	75 - 79	1999	Dale	Janet	DE	0:11:13.12
Meet	Swimming	400 Yd Freestyle	F	80 - 84					
State	Swimming	400 Yd Freestyle	F	80 - 84					

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[illegible]

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	50 Yd Backstroke	F	50 - 54	2013	Emerson	Alane	MD	0:00:42.42
State	Swimming	50 Yd Backstroke	F	50 - 54	2005	Mazzio	Eleanor	DE	0:00:42.91
Meet	Swimming	50 Yd Backstroke	F	55 - 59	2019	Flanders	Susan	DE	0:00:35.54
State	Swimming	50 Yd Backstroke	F	55 - 59	2019	Flanders	Susan	DE	0:00:35.54
Meet	Swimming	50 Yd Backstroke	F	60 - 64	2008	Hunt	Andrea	DC	0:00:41.68
State	Swimming	50 Yd Backstroke	F	60 - 64	2016	Palmer	Beverly	DE	0:00:47.20
Meet	Swimming	50 Yd Backstroke	F	65 - 69	2016	Andrews	Lynn	MD	0:00:42.69
State	Swimming	50 Yd Backstroke	F	65 - 69	2018	Palmer	Beverly	DE	0:00:47.32
Meet	Swimming	50 Yd Backstroke	F	70 - 74	2010	Brown	Nancy	MD	0:00:45.35
State	Swimming	50 Yd Backstroke	F	70 - 74	2012	Hanna	Nancy	DE	0:00:53.82
Meet	Swimming	50 Yd Backstroke	F	75 - 79	2018	Hanna	Nancy	DE	0:00:58.10
State	Swimming	50 Yd Backstroke	F	75 - 79	2018	Hanna	Nancy	DE	0:00:58.10
Meet	Swimming	50 Yd Backstroke	F	80 - 84	2023	Hanna	Nancy	DE	0:01:07.10
State	Swimming	50 Yd Backstroke	F	80 - 84	2023	Hanna	Nancy	DE	0:01:07.10
Meet	Swimming	50 Yd Backstroke	F	85 - 89	2009	Archer	Dorothy	DE	0:01:51.22
State	Swimming	50 Yd Backstroke	F	85 - 89	2009	Archer	Dorothy	DE	0:01:51.22
Meet	Swimming	50 Yd Backstroke	F	90 - 94	2006	Zdeb	Verda	DE	0:02:43.36
State	Swimming	50 Yd Backstroke	F	90 - 94	2006	Zdeb	Verda	DE	0:02:43.36
Meet	Swimming	50 Yd Backstroke	F	95 - 99					
State	Swimming	50 Yd Backstroke	F	95 - 99					
Meet	Swimming	50 Yd Breaststroke	F	50 - 54	2019	Long	Kelly	DE	0:00:39.01
State	Swimming	50 Yd Breaststroke	F	50 - 54	2019	Long	Kelly	DE	0:00:39.01
Meet	Swimming	50 Yd Breaststroke	F	55 - 59	2013	Flanders	Susan	DE	0:00:38.96
State	Swimming	50 Yd Breaststroke	F	55 - 59	2013	Flanders	Susan	DE	0:00:38.96
Meet	Swimming	50 Yd Breaststroke	F	60 - 64	2016	White	Maureen	DE	0:00:42.96
State	Swimming	50 Yd Breaststroke	F	60 - 64	2016	White	Maureen	DE	0:00:42.96
Meet	Swimming	50 Yd Breaststroke	F	65 - 69	2021	White	Maureen	DE	0:00:44.47

Delaware Senior Olympics Records after 2023 Games

SWIMMING

File is complete for performance records in the following sports

State Records can only be set by Delaware Residents. Meet Records can be set by any participating athlete.

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	50 Yd Breaststroke	F	65 - 69	2021	White	Maureen	DE	0:00:44.47
Meet	Swimming	50 Yd Breaststroke	F	70 - 74	2008	Bissey	Gertrude	DE	0:00:53.20
State	Swimming	50 Yd Breaststroke	F	70 - 74	2008	Bissey	Gertrude	DE	0:00:53.20
Meet	Swimming	50 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:01:06.09
State	Swimming	50 Yd Breaststroke	F	75 - 79	2013	Bissey	Gertrude	DE	0:01:06.09
Meet	Swimming	50 Yd Breaststroke	F	80 - 84	2014	Hess	Nancy	DE	0:01:14.98
State	Swimming	50 Yd Breaststroke	F	80 - 84	2014	Hess	Nancy	DE	0:01:14.98
Meet	Swimming	50 Yd Breaststroke	F	85 - 89	2014	Jankus	H Lynn	DE	0:02:58.51
State	Swimming	50 Yd Breaststroke	F	85 - 89	2014	Jankus	H Lynn	DE	0:02:58.51
Meet	Swimming	50 Yd Breaststroke	F	90 - 94					
State	Swimming	50 Yd Breaststroke	F	90 - 94					
Meet	Swimming	50 Yd Breaststroke	F	95 - 99					
State	Swimming	50 Yd Breaststroke	F	95 - 99					
Meet	Swimming	50 Yd Butterfly	F	50 - 54	2019	Long	Kelly	DE	0:00:33.61
State	Swimming	50 Yd Butterfly	F	50 - 54	2019	Long	Kelly	DE	0:00:33.61
Meet	Swimming	50 Yd Butterfly	F	55 - 59	2012	Keisling	Christine	PA	0:00:33.00
State	Swimming	50 Yd Butterfly	F	55 - 59	2011	Keisling	Christine	DE	0:00:33.13
Meet	Swimming	50 Yd Butterfly	F	60 - 64	2015	Lampe	Betty	NJ	0:00:41.81
State	Swimming	50 Yd Butterfly	F	60 - 64	2018	White	Maureen	DE	0:00:43.13
Meet	Swimming	50 Yd Butterfly	F	65 - 69	2018	Wolff	Melinda	PA	0:00:35.43
State	Swimming	50 Yd Butterfly	F	65 - 69	1994	Troy	Jean	DE	0:00:46.73
Meet	Swimming	50 Yd Butterfly	F	70 - 74	2014	Hanna	Nancy	DE	0:00:51.50
State	Swimming	50 Yd Butterfly	F	70 - 74	2014	Hanna	Nancy	DE	0:00:51.50
Meet	Swimming	50 Yd Butterfly	F	75 - 79	2018	Hanna	Nancy	DE	0:00:56.16
State	Swimming	50 Yd Butterfly	F	75 - 79	2018	Hanna	Nancy	DE	0:00:56.16
Meet	Swimming	50 Yd Butterfly	F	80 - 84					
State	Swimming	50 Yd Butterfly	F	80 - 84					

<u>Delaware Senior Olympics Records after 2023 Games</u>									
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				SWIMMING			
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[illegible]

Delaware Senior Olympics Records after 2023 Games

SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	500 Yd Freestyle	F	50 - 54	2019	Long	Kelly	DE	0:06:34.46
State	Swimming	500 Yd Freestyle	F	50 - 54	2019	Long	Kelly	DE	0:06:34.46
Meet	Swimming	500 Yd Freestyle	F	55 - 59	2018	Flanders	Susan	DE	0:06:42.81
State	Swimming	500 Yd Freestyle	F	55 - 59	2018	Flanders	Susan	DE	0:06:42.81
Meet	Swimming	500 Yd Freestyle	F	60 - 64	2008	Hunt	Andrea	DC	0:07:10.45
State	Swimming	500 Yd Freestyle	F	60 - 64	2022	Guy	Amy	DE	0:08:00.00
Meet	Swimming	500 Yd Freestyle	F	65 - 69	2022	Keisling	Christine	PA	0:07:09.71
State	Swimming	500 Yd Freestyle	F	65 - 69	2022	Dean	Penny Lee	DE	0:07:45.12
Meet	Swimming	500 Yd Freestyle	F	70 - 74	2023	Antonioli	Bernadette	DE	0:09:40.31
State	Swimming	500 Yd Freestyle	F	70 - 74	2023	Antonioli	Bernadette	DE	0:09:40.31
Meet	Swimming	500 Yd Freestyle	F	75 - 79	2014	Bissey	Gertrude	DE	0:11:32.39
State	Swimming	500 Yd Freestyle	F	75 - 79	2014	Bissey	Gertrude	DE	0:11:32.39
Meet	Swimming	500 Yd Freestyle	F	80 - 84	2018	Bissey	Gertrude	DE	0:12:45.75
State	Swimming	500 Yd Freestyle	F	80 - 84	2018	Bissey	Gertrude	DE	0:12:45.75
Meet	Swimming	500 Yd Freestyle	F	85 - 89	2003	Zdeb	Verda	DE	0:26:39.07
State	Swimming	500 Yd Freestyle	F	85 - 89	2003	Zdeb	Verda	DE	0:26:39.07
Meet	Swimming	500 Yd Freestyle	F	90 - 94	2004	Zdeb	Verda	DE	0:28:27.44
State	Swimming	500 Yd Freestyle	F	90 - 94	2004	Zdeb	Verda	DE	0:28:27.44
Meet	Swimming	500 Yd Freestyle	F	95 - 99					
State	Swimming	500 Yd Freestyle	F	95 - 99					
Meet	Swimming	100 Yd Backstroke	M	50 - 54	2003	Casto	David	DE	0:01:08.32
State	Swimming	100 Yd Backstroke	M	50 - 54	2003	Casto	David	DE	0:01:08.32
Meet	Swimming	100 Yd Backstroke	M	55 - 59	2007	Casto	David	DE	0:01:09.62
State	Swimming	100 Yd Backstroke	M	55 - 59	2007	Casto	David	DE	0:01:09.62
Meet	Swimming	100 Yd Backstroke	M	60 - 64	2012	Casto	David	DE	0:01:14.15
State	Swimming	100 Yd Backstroke	M	60 - 64	2012	Casto	David	DE	0:01:14.15
Meet	Swimming	100 Yd Backstroke	M	65 - 69	2017	Casto	David	DE	0:01:15.00

Delaware Senior Olympics Records after 2023 Games

SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	100 Yd Backstroke	M	65 - 69	2017	Casto	David	DE	0:01:15.00
Meet	Swimming	100 Yd Backstroke	M	70 - 74	2023	Casto	David	DE	0:01:15.78
State	Swimming	100 Yd Backstroke	M	70 - 74	2023	Casto	David	DE	0:01:15.78
Meet	Swimming	100 Yd Backstroke	M	75 - 79	2022	Dewitt	Henry	DE	0:01:26.78
State	Swimming	100 Yd Backstroke	M	75 - 79	2022	Dewitt	Henry	DE	0:01:26.78
Meet	Swimming	100 Yd Backstroke	M	80 - 84	2022	Friend	Joseph	PA	0:01:47.66
State	Swimming	100 Yd Backstroke	M	80 - 84	2012	Clark	Walter	DE	0:01:58.92
Meet	Swimming	100 Yd Backstroke	M	85 - 89	2016	Mayer	Arthur	DE	0:02:26.49
State	Swimming	100 Yd Backstroke	M	85 - 89	2016	Mayer	Arthur	DE	0:02:26.49
Meet	Swimming	100 Yd Backstroke	M	90 - 94					
State	Swimming	100 Yd Backstroke	M	90 - 94					
Meet	Swimming	100 Yd Backstroke	M	95 - 99					
State	Swimming	100 Yd Backstroke	M	95 - 99					
Meet	Swimming	100 Yd Breaststroke	M	50 - 54	1996	Moyer	Bill	DE	0:01:15.87
State	Swimming	100 Yd Breaststroke	M	50 - 54	1996	Moyer	Bill	DE	0:01:15.87
Meet	Swimming	100 Yd Breaststroke	M	55 - 59	2013	WuShanley	Ying	PA	0:01:14.81
State	Swimming	100 Yd Breaststroke	M	55 - 59	2000	Moyer	Bill	DE	0:01:20.29
Meet	Swimming	100 Yd Breaststroke	M	60 - 64	2005	Moyer	Bill	DE	0:01:18.58
State	Swimming	100 Yd Breaststroke	M	60 - 64	2005	Moyer	Bill	DE	0:01:18.58
Meet	Swimming	100 Yd Breaststroke	M	65 - 69	2013	Dewitt	Henry	DE	0:01:22.46
State	Swimming	100 Yd Breaststroke	M	65 - 69	2013	Dewitt	Henry	DE	0:01:22.46
Meet	Swimming	100 Yd Breaststroke	M	70 - 74	2016	Cole	Henry	DE	0:01:26.30
State	Swimming	100 Yd Breaststroke	M	70 - 74	2016	Cole	Henry	DE	0:01:26.30
Meet	Swimming	100 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:01:31.12
State	Swimming	100 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:01:31.12
Meet	Swimming	100 Yd Breaststroke	M	80 - 84	2005	Meadar	Bob	DE	0:02:16.00
State	Swimming	100 Yd Breaststroke	M	80 - 84	2005	Meadar	Bob	DE	0:02:16.00

Delaware Senior Olympics Records after 2023 Games

SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	100 Yd Breaststroke	M	85 - 89	2010	Meader	Bob	DE	0:02:50.87
State	Swimming	100 Yd Breaststroke	M	85 - 89	2010	Meader	Bob	DE	0:02:50.87
Meet	Swimming	100 Yd Breaststroke	M	90 - 94					
State	Swimming	100 Yd Breaststroke	M	90 - 94					
Meet	Swimming	100 Yd Breaststroke	M	95 - 99					
State	Swimming	100 Yd Breaststroke	M	95 - 99					
Meet	Swimming	100 Yd Butterfly	M	50 - 54	2013	Hogsten	J.D.	DE	0:01:07.59
State	Swimming	100 Yd Butterfly	M	50 - 54	2013	Hogsten	J.D.	DE	0:01:07.59
Meet	Swimming	100 Yd Butterfly	M	55 - 59	2010	Hannig	Chip	DE	0:01:18.14
State	Swimming	100 Yd Butterfly	M	55 - 59	2010	Hannig	Chip	DE	0:01:18.14
Meet	Swimming	100 Yd Butterfly	M	60 - 64	2009	Dewitt	Henry	DE	0:01:06.31
State	Swimming	100 Yd Butterfly	M	60 - 64	2009	Dewitt	Henry	DE	0:01:06.31
Meet	Swimming	100 Yd Butterfly	M	65 - 69	2014	Dewitt	Henry	DE	0:01:11.26
State	Swimming	100 Yd Butterfly	M	65 - 69	2014	Dewitt	Henry	DE	0:01:11.26
Meet	Swimming	100 Yd Butterfly	M	70 - 74	2022	Bass	Dennis	MD	0:01:36.54
State	Swimming	100 Yd Butterfly	M	70 - 74	2023	Martin	Frances	DE	0:01:38.32
Meet	Swimming	100 Yd Butterfly	M	75 - 79	2023	Dewitt	Henry	DE	0:01:39.73
State	Swimming	100 Yd Butterfly	M	75 - 79	2023	Dewitt	Henry	DE	0:01:39.73
Meet	Swimming	100 Yd Butterfly	M	80 - 84					
State	Swimming	100 Yd Butterfly	M	80 - 84					
Meet	Swimming	100 Yd Butterfly	M	85 - 89					
State	Swimming	100 Yd Butterfly	M	85 - 89					
Meet	Swimming	100 Yd Butterfly	M	90 - 94					
State	Swimming	100 Yd Butterfly	M	90 - 94					
Meet	Swimming	100 Yd Butterfly	M	95 - 99					
State	Swimming	100 Yd Butterfly	M	95 - 99					

Delaware Senior Olympics Records after 2023 Games

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	100 Yd Freestyle	M	50 - 54	2003	Casto	David	DE	0:00:55.25
State	Swimming	100 Yd Freestyle	M	50 - 54	2003	Casto	David	DE	0:00:55.25
Meet	Swimming	100 Yd Freestyle	M	55 - 59	1999	Thomson	Alec	DE	0:00:55.29
State	Swimming	100 Yd Freestyle	M	55 - 59	1999	Thomson	Alec	DE	0:00:55.29
Meet	Swimming	100 Yd Freestyle	M	60 - 64	2009	Dewitt	Henry	DE	0:00:59.16
State	Swimming	100 Yd Freestyle	M	60 - 64	2009	Dewitt	Henry	DE	0:00:59.16
Meet	Swimming	100 Yd Freestyle	M	65 - 69	2014	Dewitt	Henry	DE	0:01:04.47
State	Swimming	100 Yd Freestyle	M	65 - 69	2014	Dewitt	Henry	DE	0:01:04.47
Meet	Swimming	100 Yd Freestyle	M	70 - 74	2022	Wilson	Doug	DE	0:01:09.75
State	Swimming	100 Yd Freestyle	M	70 - 74	2022	Wilson	Doug	DE	0:01:09.75
Meet	Swimming	100 Yd Freestyle	M	75 - 79	2007	Erwin	Charles	VA	0:01:20.50
State	Swimming	100 Yd Freestyle	M	75 - 79	2010	Cohn	Wallace	DE	0:01:28.20
Meet	Swimming	100 Yd Freestyle	M	80 - 84	2015	O'Shaughnessy	Richard	DE	0:01:46.71
State	Swimming	100 Yd Freestyle	M	80 - 84	2015	O'Shaughnessy	Richard	DE	0:01:46.71
Meet	Swimming	100 Yd Freestyle	M	85 - 89	2019	O'Shaughnessy	Richard	DE	0:02:15.34
State	Swimming	100 Yd Freestyle	M	85 - 89	2019	O'Shaughnessy	Richard	DE	0:02:15.34
Meet	Swimming	100 Yd Freestyle	M	90 - 94					
State	Swimming	100 Yd Freestyle	M	90 - 94					
Meet	Swimming	100 Yd Freestyle	M	95 - 99					
State	Swimming	100 Yd Freestyle	M	95 - 99					
Meet	Swimming	100 Yd Ind Medley	M	50 - 54	2003	Casto	David	DE	0:01:05.94
State	Swimming	100 Yd Ind Medley	M	50 - 54	2003	Casto	David	DE	0:01:05.94
Meet	Swimming	100 Yd Ind Medley	M	55 - 59	2010	Casto	David	DE	0:01:09.56
State	Swimming	100 Yd Ind Medley	M	55 - 59	2010	Casto	David	DE	0:01:09.56
Meet	Swimming	100 Yd Ind Medley	M	60 - 64	2014	Casto	David	DE	0:01:10.18
State	Swimming	100 Yd Ind Medley	M	60 - 64	2014	Casto	David	DE	0:01:10.18
Meet	Swimming	100 Yd Ind Medley	M	65 - 69	1995	Thayer	Ray	DE	0:01:14.15

Delaware Senior Olympics Records after 2023 Games

SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	100 Yd Ind Medley	M	65 - 69	1995	Thayer	Ray	DE	0:01:14.15
Meet	Swimming	100 Yd Ind Medley	M	70 - 74	2016	DeWitt	Henry	DE	0:01:05.91
State	Swimming	100 Yd Ind Medley	M	70 - 74	2016	DeWitt	Henry	DE	0:01:05.91
Meet	Swimming	100 Yd Ind Medley	M	75 - 79	2022	DeWitt	Henry	DE	0:01:09.75
State	Swimming	100 Yd Ind Medley	M	75 - 79	2022	DeWitt	Henry	DE	0:01:09.75
Meet	Swimming	100 Yd Ind Medley	M	80 - 84	2005	Meader	Bob	DE	0:02:08.47
State	Swimming	100 Yd Ind Medley	M	80 - 84	2005	Meader	Bob	DE	0:02:08.47
Meet	Swimming	100 Yd Ind Medley	M	85 - 89	2010	Meader	Bob	DE	0:02:40.21
State	Swimming	100 Yd Ind Medley	M	85 - 89	2010	Meader	Bob	DE	0:02:40.21
Meet	Swimming	100 Yd Ind Medley	M	90 - 94					
State	Swimming	100 Yd Ind Medley	M	90 - 94					
Meet	Swimming	100 Yd Ind Medley	M	95 - 99					
State	Swimming	100 Yd Ind Medley	M	95 - 99					
Meet	Swimming	200 Yd Backstroke	M	50 - 54	2021	Tom	Martiner	DE	0:02:31.36
State	Swimming	200 Yd Backstroke	M	50 - 54	2021	Tom	Martiner	DE	0:02:31.36
Meet	Swimming	200 Yd Backstroke	M	55 - 59	2010	Casto	Dave	DE	0:02:37.17
State	Swimming	200 Yd Backstroke	M	55 - 59	2010	Casto	Dave	DE	0:02:37.17
Meet	Swimming	200 Yd Backstroke	M	60 - 64	2015	Jones	Robert	PA	0:02:48.60
State	Swimming	200 Yd Backstroke	M	60 - 64	2014	Casto	Dave	DE	0:02:52.05
Meet	Swimming	200 Yd Backstroke	M	65 - 69	2018	Casto	David	DE	0:02:51.90
State	Swimming	200 Yd Backstroke	M	65 - 69	2018	Casto	David	DE	0:02:51.90
Meet	Swimming	200 Yd Backstroke	M	70 - 74	2023	Wright	Stephen	PA	0:03:00.50
State	Swimming	200 Yd Backstroke	M	70 - 74	1996	Foster	Sam	DE	0:03:18.39
Meet	Swimming	200 Yd Backstroke	M	75 - 79	2022	DeWitt	Henry	DE	0:03:09.35
State	Swimming	200 Yd Backstroke	M	75 - 79	2022	DeWitt	Henry	DE	0:03:09.35
Meet	Swimming	200 Yd Backstroke	M	80 - 84	2009	Meader	Bob	DE	0:04:11.38
State	Swimming	200 Yd Backstroke	M	80 - 84	2009	Meader	Bob	DE	0:04:11.38

<u>Delaware Senior Olympics Records after 2023 Games</u>	
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				SWIMMING			
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[illegible]

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	200 Yd Breaststroke	M	50 - 54	2010	Swiger	Ralph	VA	0:03:09.40
State	Swimming	200 Yd Breaststroke	M	50 - 54					
Meet	Swimming	200 Yd Breaststroke	M	55 - 59	2004	Moyer	Bill	DE	0:03:01.94
State	Swimming	200 Yd Breaststroke	M	55 - 59	2004	Moyer	Bill	DE	0:03:01.94
Meet	Swimming	200 Yd Breaststroke	M	60 - 64	2015	Jones	Robert	PA	0:03:04.68
State	Swimming	200 Yd Breaststroke	M	60 - 64	2008	Moyer	Bill	DE	0:03:10.14
Meet	Swimming	200 Yd Breaststroke	M	65 - 69	2010	Moyer	Bill	DE	0:03:10.79
State	Swimming	200 Yd Breaststroke	M	65 - 69	2010	Moyer	Bill	DE	0:03:10.79
Meet	Swimming	200 Yd Breaststroke	M	70 - 74	2017	Cole	Henry	DE	0:03:09.12
State	Swimming	200 Yd Breaststroke	M	70 - 74	2017	Cole	Henry	DE	0:03:09.12
Meet	Swimming	200 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:03:20.90
State	Swimming	200 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:03:20.90
Meet	Swimming	200 Yd Breaststroke	M	80 - 84	2005	Meader	Bob	DE	0:05:01.58
State	Swimming	200 Yd Breaststroke	M	80 - 84	2005	Meader	Bob	DE	0:05:01.58
Meet	Swimming	200 Yd Breaststroke	M	85 - 89	2010	Meader	Bob	DE	0:06:10.09
State	Swimming	200 Yd Breaststroke	M	85 - 89	2010	Meader	Bob	DE	0:06:10.09
Meet	Swimming	200 Yd Breaststroke	M	90 - 94					
State	Swimming	200 Yd Breaststroke	M	90 - 94					
Meet	Swimming	200 Yd Breaststroke	M	95 - 99					
State	Swimming	200 Yd Breaststroke	M	95 - 99					
Meet	Swimming	200 Yd Freestyle	M	50 - 54	2006	Casto	David	DE	0:02:07.65
State	Swimming	200 Yd Freestyle	M	50 - 54	2006	Casto	David	DE	0:02:07.65
Meet	Swimming	200 Yd Freestyle	M	55 - 59	2010	Casto	David	DE	0:02:09.24
State	Swimming	200 Yd Freestyle	M	55 - 59	2010	Casto	David	DE	0:02:09.24
Meet	Swimming	200 Yd Freestyle	M	60 - 64	2014	Casto	David	DE	0:02:15.78
State	Swimming	200 Yd Freestyle	M	60 - 64	2014	Casto	David	DE	0:02:15.78
Meet	Swimming	200 Yd Freestyle	M	65 - 69	2012	Dewitt	Henry	DE	0:02:18.35

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	200 Yd Freestyle	M	65 - 69	2012	Dewitt	Henry	DE	0:02:18.35
Meet	Swimming	200 Yd Freestyle	M	70 - 74	2016	Dewitt	Henry	DE	0:02:29.93
State	Swimming	200 Yd Freestyle	M	70 - 74	2016	Dewitt	Henry	DE	0:02:29.93
Meet	Swimming	200 Yd Freestyle	M	75 - 79	2021	DeWitt	Henry	DE	0:02:37.83
State	Swimming	200 Yd Freestyle	M	75 - 79	2021	DeWitt	Henry	DE	0:02:37.83
Meet	Swimming	200 Yd Freestyle	M	80 - 84	2008	Beiser	W.	DE	0:04:03.14
State	Swimming	200 Yd Freestyle	M	80 - 84	2008	Beiser	W.	DE	0:04:03.14
Meet	Swimming	200 Yd Freestyle	M	85 - 89	2002	Miller	W.	DE	0:04:57.84
State	Swimming	200 Yd Freestyle	M	85 - 89	2002	Miller	W.	DE	0:04:57.84
Meet	Swimming	200 Yd Freestyle	M	90 - 94					
State	Swimming	200 Yd Freestyle	M	90 - 94					
Meet	Swimming	200 Yd Freestyle	M	95 - 99					
State	Swimming	200 Yd Freestyle	M	95 - 99					
Meet	Swimming	200 Yd Ind Medley	M	50 - 54	2004	Casto	David	DE	0:02:30.39
State	Swimming	200 Yd Ind Medley	M	50 - 54	2004	Casto	David	DE	0:02:30.39
Meet	Swimming	200 Yd Ind Medley	M	55 - 59	2010	Casto	David	DE	0:02:32.42
State	Swimming	200 Yd Ind Medley	M	55 - 59	2010	Casto	David	DE	0:02:32.42
Meet	Swimming	200 Yd Ind Medley	M	60 - 64	2010	Dewitt	Henry	DE	0:02:42.83
State	Swimming	200 Yd Ind Medley	M	60 - 64	2010	Dewitt	Henry	DE	0:02:42.83
Meet	Swimming	200 Yd Ind Medley	M	65 - 69	2012	Dewitt	Henry	DE	0:02:38.58
State	Swimming	200 Yd Ind Medley	M	65 - 69	2012	Dewitt	Henry	DE	0:02:38.58
Meet	Swimming	200 Yd Ind Medley	M	70 - 74	2023	Martin	Francis	DE	0:03:37.79
State	Swimming	200 Yd Ind Medley	M	70 - 74	2023	Martin	Francis	DE	0:03:37.79
Meet	Swimming	200 Yd Ind Medley	M	75 - 79	2021	DeWitt	Henry	DE	0:02:57.46
State	Swimming	200 Yd Ind Medley	M	75 - 79	2021	DeWitt	Henry	DE	0:02:57.46
Meet	Swimming	200 Yd Ind Medley	M	80 - 84					
State	Swimming	200 Yd Ind Medley	M	80 - 84					

<u>Delaware Senior Olympics Records after 2023 Games</u>									
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				SWIMMING			
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Delaware Senior Olympics Records after 2023 Games

SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	400 Yd Medley	M	50 - 54					
State	Swimming	400 Yd Medley	M	50 - 54					
Meet	Swimming	400 Yd Medley	M	55 - 59					
State	Swimming	400 Yd Medley	M	55 - 59					
Meet	Swimming	400 Yd Medley	M	60 - 64	2018	Norek	Frank	NJ	0:07:29.87
State	Swimming	400 Yd Medley	M	60 - 64	2016	Martin	Francis	DE	0:08:22.59
Meet	Swimming	400 Yd Medley	M	65 - 69	2022	Bass	Francis	MD	0:07:15.84
State	Swimming	400 Yd Medley	M	65 - 69	2021	Martin	Francis	DE	0:07:47.03
Meet	Swimming	400 Yd Medley	M	70 - 74	2022	Schubert	Richard	NJ	0:06:42.25
State	Swimming	400 Yd Medley	M	70 - 74	2023	Martin	Francis	DE	0:08:00.23
Meet	Swimming	400 Yd Medley	M	75 - 79					
State	Swimming	400 Yd Medley	M	75 - 79					
Meet	Swimming	400 Yd Medley	M	80 - 84					
State	Swimming	400 Yd Medley	M	80 - 84					
Meet	Swimming	400 Yd Medley	M	85 - 89					
State	Swimming	400 Yd Medley	M	85 - 89					
Meet	Swimming	400 Yd Medley	M	90 - 94					
State	Swimming	400 Yd Medley	M	90 - 94					
Meet	Swimming	400 Yd Medley	M	95 - 99					
State	Swimming	400 Yd Medley	M	95 - 99					
Meet	Swimming	50 Yd Backstroke	M	50 - 54	2003	Casto	David	DE	0:00:29.91
State	Swimming	50 Yd Backstroke	M	50 - 54	2003	Casto	David	DE	0:00:29.91
Meet	Swimming	50 Yd Backstroke	M	55 - 59	2007	Casto	David	DE	0:00:31.12
State	Swimming	50 Yd Backstroke	M	55 - 59	2007	Casto	David	DE	0:00:31.12
Meet	Swimming	50 Yd Backstroke	M	60 - 64	2012	Casto	David	DE	0:00:32.33
State	Swimming	50 Yd Backstroke	M	60 - 64	2012	Casto	David	DE	0:00:32.33
Meet	Swimming	50 Yd Backstroke	M	65 - 69	2017	Casto	David	DE	0:00:30.00

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SWIMMING

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	50 Yd Backstroke	M	65 - 69	2017	Casto	David	DE	0:00:30.00
Meet	Swimming	50 Yd Backstroke	M	70 - 74	2023	Casto	David	DE	0:00:33.90
State	Swimming	50 Yd Backstroke	M	70 - 74	2023	Casto	David	DE	0:00:33.90
Meet	Swimming	50 Yd Backstroke	M	75 - 79	2022	Dewitt	Henry	DE	0:00:39.07
State	Swimming	50 Yd Backstroke	M	75 - 79	2022	Dewitt	Henry	DE	0:00:39.07
Meet	Swimming	50 Yd Backstroke	M	80 - 84	2022	Friend	Joseph	PA	0:0044.50
State	Swimming	50 Yd Backstroke	M	80 - 84	2005	Foster	Sam	DE	0:00:48.99
Meet	Swimming	50 Yd Backstroke	M	85 - 89	2016	Mayer	Arthur	DE	0:01:02.10
State	Swimming	50 Yd Backstroke	M	85 - 89	2016	Mayer	Arthur	DE	0:01:02.10
Meet	Swimming	50 Yd Backstroke	M	90 - 94	2017	Schneider	Joseph	MD	0:02:40.12
State	Swimming	50 Yd Backstroke	M	90 - 94					
Meet	Swimming	50 Yd Backstroke	M	95 - 99					
State	Swimming	50 Yd Backstroke	M	95 - 99					
Meet	Swimming	50 Yd Breaststroke	M	50 - 54	1996	Moyer	Bill	DE	0:00:33.50
State	Swimming	50 Yd Breaststroke	M	50 - 54	1996	Moyer	Bill	DE	0:00:33.50
Meet	Swimming	50 Yd Breaststroke	M	55 - 59	2013	WuShanley	Ying	PA	0:00:32.98
State	Swimming	50 Yd Breaststroke	M	55 - 59	2000	Moyer	Bill	DE	0:00:34.94
Meet	Swimming	50 Yd Breaststroke	M	60 - 64	2005	Moyer	Bill	DE	0:00:34.42
State	Swimming	50 Yd Breaststroke	M	60 - 64	2005	Moyer	Bill	DE	0:00:34.42
Meet	Swimming	50 Yd Breaststroke	M	65 - 69	2022	Erickson	Daniel	DE	0:00:36.44
State	Swimming	50 Yd Breaststroke	M	65 - 69	2022	Erickson	Daniel	DE	0:00:36.44
Meet	Swimming	50 Yd Breaststroke	M	70 - 74	2017	Cole	Henry	DE	0:00:38.72
State	Swimming	50 Yd Breaststroke	M	70 - 74	2017	Cole	Henry	DE	0:00:38.72
Meet	Swimming	50 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:00:41.01
State	Swimming	50 Yd Breaststroke	M	75 - 79	2019	Cole	Henry	DE	0:00:41.01
Meet	Swimming	50 Yd Breaststroke	M	80 - 84	2022	Panaro	Raymond	DE	0:00:53.91
State	Swimming	50 Yd Breaststroke	M	80 - 84	2022	Panaro	Raymond	DE	0:00:53.91

Delaware Senior Olympics Records after 2023 Games									
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				SWIMMING			
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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Swimming	50 Yd Freestyle	M	50 - 54	2003	Casto	Dave	DE	0:00:24.65
State	Swimming	50 Yd Freestyle	M	50 - 54	2003	Casto	Dave	DE	0:00:24.65
Meet	Swimming	50 Yd Freestyle	M	55 - 59	2007	Casto	Dave	DE	0:00:25.24
State	Swimming	50 Yd Freestyle	M	55 - 59	2007	Casto	Dave	DE	0:00:25.24
Meet	Swimming	50 Yd Freestyle	M	60 - 64	2012	Casto	Dave	DE	0:00:26.56
State	Swimming	50 Yd Freestyle	M	60 - 64	2012	Casto	Dave	DE	0:00:26.56
Meet	Swimming	50 Yd Freestyle	M	65 - 69	2017	Casto	Dave	DE	0:00:27.53
State	Swimming	50 Yd Freestyle	M	65 - 69	2017	Casto	Dave	DE	0:00:27.53
Meet	Swimming	50 Yd Freestyle	M	70 - 74	2023	Casto	David	DE	0:00:28.71
State	Swimming	50 Yd Freestyle	M	70 - 74	2023	Casto	David	DE	0:00:28.71
Meet	Swimming	50 Yd Freestyle	M	75 - 79	2023	Dewitt	Henry	DE	0:00:32.88
State	Swimming	50 Yd Freestyle	M	75 - 79	2023	Dewitt	Henry	DE	0:00:32.88
Meet	Swimming	50 Yd Freestyle	M	80 - 84	2022	Panaro	Raymond	DE	0:00:42.78
State	Swimming	50 Yd Freestyle	M	80 - 84	2022	Panaro	Raymond	DE	0:00:42.78
Meet	Swimming	50 Yd Freestyle	M	85 - 89	2019	O'Shaughnessy	Richard	DE	0:00:53.98
State	Swimming	50 Yd Freestyle	M	85 - 89	2019	O'Shaughnessy	Richard	DE	0:00:53.98
Meet	Swimming	50 Yd Freestyle	M	90 - 94					
State	Swimming	50 Yd Freestyle	M	90 - 94					
Meet	Swimming	50 Yd Freestyle	M	95 - 99					
State	Swimming	50 Yd Freestyle	M	95 - 99					
Meet	Swimming	500 Yd Freestyle	M	50 - 54	2006	Casto	David	DE	0:05:56.85
State	Swimming	500 Yd Freestyle	M	50 - 54	2006	Casto	David	DE	0:05:56.85
Meet	Swimming	500 Yd Freestyle	M	55 - 59	2010	Casto	David	DE	0:06:01.80
State	Swimming	500 Yd Freestyle	M	55 - 59	2010	Casto	David	DE	0:06:01.80
Meet	Swimming	500 Yd Freestyle	M	60 - 64	2014	Casto	David	DE	0:06:20.38
State	Swimming	500 Yd Freestyle	M	60 - 64	2014	Casto	David	DE	0:06:20.38
Meet	Swimming	500 Yd Freestyle	M	65 - 69	2014	Dewitt	Henry	DE	0:06:50.17

Delaware Senior Olympics Records after 2023 Games

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
State	Swimming	500 Yd Freestyle	M	65 - 69	2014	Dewitt	Henry	DE	0:06:50.17
Meet	Swimming	500 Yd Freestyle	M	70 - 74	2022	Schubert	Richard	NJ	0:08:23.87
State	Swimming	500 Yd Freestyle	M	70 - 74	2023	Martin	Francis	DE	0:08:43.38
Meet	Swimming	500 Yd Freestyle	M	75 - 79	2008	Erwin	Charles	DE	0:08:01.44
State	Swimming	500 Yd Freestyle	M	75 - 79	2004	Beiser	Bill	DE	0:09:54.63
Meet	Swimming	500 Yd Freestyle	M	80 - 84	2008	Beiser	W.	DE	0:10:45.03
State	Swimming	500 Yd Freestyle	M	80 - 84	2008	Beiser	W.	DE	0:10:45.03
Meet	Swimming	500 Yd Freestyle	M	85 - 89	2002	Miller	W.	DE	0:13:14.41
State	Swimming	500 Yd Freestyle	M	85 - 89	2002	Miller	W.	DE	0:13:14.41
Meet	Swimming	500 Yd Freestyle	M	90 - 94					
State	Swimming	500 Yd Freestyle	M	90 - 94					
Meet	Swimming	500 Yd Freestyle	M	95 - 99					
State	Swimming	500 Yd Freestyle	M	95 - 99					