

DELAWARE SENIOR OLYMPICS

1121 Forrest Avenue

Dover, DE 19904

Phone: 302-736-5698 Toll Free: 888-881-6128

Email: Info@DelawareSeniorOlympics.org

Website: www.DelawareSeniorOlympics.org

ANNUAL GAMES SPORTS REGISTRATION PACKET And INDIVIDUAL ENTRY FORM August 5 — October 31, 2017

Come out and join the FITNESS, FELLOWSHIP AND FUN

**DELAWARE IS AN OPEN STATE
ALL SPORTS ARE OPEN TO MEN AND WOMEN**

| | |
|---|--|
| Archery | Running Road Races (5K and 10K) |
| Badminton | Shuffleboard (also Non-Ambulatory event) |
| Baseball | Softball (Men and Women) |
| Basketball (Men and Women) | Swimming |
| Basketball Shooting | Table Tennis |
| Billiards | Tennis |
| Bocce | Track & Field |
| Bowling (also Non-Ambulatory event) | Volleyball (Men and Women) |
| Cycling (40K Road Race and Time Trials) | Washers |
| Golf | Weight Lifting |
| Horseshoes (also Non-Ambulatory event) | Wii Bowling |
| Pickleball | Wii Golf – Classic and Resort |
| Racquetball | |

**ONLINE REGISTRATION FOR TEAMS AND INDIVIDUAL SPORTS
AVAILABLE at www.DelawareSeniorOlympics.org**

**If you will be a minimum of 50 years of age by 12/31/17
(Younger for some events),**

**Delaware Senior Olympics 2017 Membership Application
And Games Entry Form
For the Period of January 1, 2017 – January 31, 2018**

**Membership in the Delaware Senior Olympics is REQUIRED for Entry into the 2017 Games
Please see page 5 of this packet.**

**___ Check here if none of the following information has changed since your entry in 2016.
If checked, only Name and DSO ID# are mandatory.**

Name: Last: _____ First: _____ MI: ___ Suffix: _____

DSO ID#: _____ Gender: ___ Date of Birth: _____ Email: _____

Street Address: _____

City, State, Zip: _____

Phones: Home: _____ Work: _____ Cell: _____

NSGA now requires an email address. If you do not have one, please use one from a family member. If this is not possible, DSO will insert a generic in-house email address.

ADDITIONAL FOR BOWLERS: USBC # _____

ADDITIONAL FOR PICKLEBALL: LEVEL OF PLAY RATING: (1.0 – 5.0) _____

ADDITIONAL FOR TENNIS: USTA # _____ LEVEL OF PLAY: (3.0 – 5.0) _____

WAIVER and RELEASE of LIABILITY

By becoming a member of Delaware Senior Olympics (hereafter “DSO”) and participating in any DSO activities, I agree to abide by all rules and regulations established by DSO and I recognize that by participating in these activities, there is risk of injury.

By registering or participating, the registrant/participant understands that individual health, accident, and/or liability insurance is not provided for Delaware Senior Olympics events and agrees to adhere to program rules.

By registering or participating, the registrant/participant agrees to abide by the Rules of Etiquette of DSO, which includes but is not limited to disputes between participant and game official, verbal abuse, profanity or violent actions. Violation of the Rules of Etiquette will result in ejection from the game(s) with loss of Participation Fee(s).

I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in Delaware Senior Olympics programs/competitions. Photos taken during programs and competition may be used for educational or marketing purposes by Delaware Senior Olympics.

By signing below, I understand and agree to the “waiver and release of liability”.

Signature: _____ Date: _____

**TO ENTER AN EVENT, PLEASE PLACE AN X TO THE LEFT OF THE EVENT.
ALL FEES ARE PER PERSON PER EVENT
ENTRY DEADLINES ARE DATES THAT ENTRIES MUST BE IN DSO OFFICE**

INDIVIDUAL SPORTS

Archery \$17.00 per event

10/8 event with 10/2 entry deadline

- 1201 Compound Fingers
- 1202 Compound Release
- 1203 Recurve
- 1204 Barebow Recurve
- 1205 Barebow Compound
- 1206 Crossbow

Baseball \$5.00

9/9 event with walk-ins allowed

- 1401 Baseball (Players will be Assigned to Teams)

Basketball Shooting \$6.00

10/28 event with walk-ins allowed

- 1601 Shooting

Billiards \$5.00

9/17 event with 9/11 entry deadline

- 1701 Billiards

Cycling Road Race \$5.00 per person

PLUS you MUST sign up for the Pedal Away Race separately.

9/16 event with 9/8 entry deadline

- 2002 Road Race 40K

Cycling Time Trials \$35 you can pick

one or both events for the same price

10/10 event with 10/2 entry deadline

- 2004 Time Trials 10K
- 2005 Time Trials 5K

Golf \$40 (Includes green & cart fees)

9/18 event with walk-ins allowed

2101 18 Hole Scratch

Horseshoes \$6.00

10/1 Event with 9/22 entry deadline

- 2201 Horseshoes
- 1951 Non-Ambulatory event

Running Road Race \$4.00 per event

5K on 9/9; 10K on 9/16

With walk-ins allowed

- 2701 5K
- 2702 10K

Swimming \$5.00 per event

10/6 event with 9/29 entry deadline

- 1108 - 100 Fly
- 1112 - 200 Free
- 1104 - 50 Breast
- 1102 - 100 Back
- 1116 - 400 IM
- 1109 - 50 Free NOVICE
- 1105 - 100 Breast
- 1103 - 200 Back
- 1114 - 100 IM
- 1110 - 50 Free
- 1117 - 200 Fly
- 1101 - 50 Back
- 1115 - 200 IM
- 1107 - 50 Fly
- 1111 - 100 Free
- 1106 - 200 Breast
- 1113 - 500 Free

Track & Field \$4.00 per event

9/23 event with 9/8/16 entry deadline

- 3301 - 100 Meter
- 3302 - 200 Meter
- 3303 - 400 Meter
- 3304 - 800 Meter
- 3305 - 1500 Meter
- 3306 - Discus
- 3307 - High Jump
- 3308 - Javelin
- 3309 - Long Jump (Standing)
- 3310 - Shot Put
- 3311 - Running Long Jump
- 3312 - Pole Vault
- 3313 - 50 Meter
- 2401 - 1500 Meter Race Walk

Weight lifting \$4.00 per event

9/23 event with 9/15 entry deadline

- 3501 Bench for Reps
- 3502 Bench Press
- 3503 Dead Lift

Wii Bowling \$5.00

9/30 event with walk-ins allowed

- 3800—Wii Bowling
- 3801 - 100 pin singles

Wii Golf \$5.00 per event

9/30 event with walk-ins allowed

- 3810 – Classic Singles
- 3811 – Resort Singles

LOOKING FOR A TEAM TO JOIN?

Circle the sport and you will be contacted: Softball, Basketball, Volley ball

EVENTS WITH DOUBLES COMETITION

Washers \$5.00 per person 10/7/17 event with walk-ins allowed Rain Date: 10/8/17

5001 Doubles Partner Name _____ ID _____

Badminton \$4.00 per person per event 10/25/17 event with walk-ins allowed

1301 Singles

1302 Doubles Men Partner Name _____ ID _____

1303 Doubles Women Partner Name _____ ID _____

1304 Doubles Mixed Partner Name _____ ID _____

Bocce \$4.00 per person per event, 9/30/17 event with 9/22/17 entry deadline. Rain date 10/07/17

__ 1801 Singles
__ 1802 Doubles Men Partner Name _____ ID _____
__ 1803 Doubles Women Partner Name _____ ID _____
__ 1804 Doubles Mixed Partner Name _____ ID _____

**Bowling BRUNSWICK DOVERAMA, \$4.00 per person per event 10/17, 18, 19 events with
10/10/17 Entry deadline Additional lane fee of \$6.75 due at lanes**

__ 1931 Singles
__ 1932 Doubles Men Partner Name _____ ID _____
__ 1933 Doubles Women Partner Name _____ ID _____
__ 1934 Doubles Mixed Partner Name _____ ID _____

Bowling – NON-AMBULATORY SINGLES – NSGA RULES: Athlete must be seated in wheelchair or scooter for the entire duration of competition. Athlete must physically roll the ball or with the use of a ramp, as long as no one else or the chair itself helps project the ball down the lane. The athlete must be the one who impacts the energy needed for the ball to move down the lane.

__ 1950 – Non-Ambulatory Bowling Singles

Pickleball \$11.00 per person per event, 9/8, 9/9 and 9/10 event with 8/25 entry deadline

__ 3700 Singles
__ 3701 Doubles Men Partner Name _____ ID _____
__ 3702 Doubles Women Partner Name _____ ID _____
__ 3703 Doubles Mixed Partner Name _____ ID _____

Racquetball \$4.00 per person per event 10/7/17 event with 9/29/17 entry deadline

__ 2501 Singles
__ 2502 Doubles Men Partner Name _____ ID _____
__ 2503 Doubles Women Partner Name _____ ID _____
__ 2504 Doubles Mixed Partner Name _____ ID _____

**Shuffleboard, \$4.00 per person per event 9/20/17 event with 9/11/17 entry deadline. Rain Date 9/27/17
Open Doubles. Partners may be both men, both women, or mixed.**

__ 2801 Singles
__ 2802 Open Doubles Partner Name _____ ID _____

Shuffleboard– NON-AMBULATORY SINGLES -- NSGA RULES: Athlete must be seated in wheelchair or scooter for the entire duration of competition. Athlete must physically roll the ball or with the use of a ramp, as long as no one else or the chair itself helps project the ball down the lane. The athlete must be the one who impacts the energy needed for the ball to move down the lane.

__ 1952 – Non-Ambulatory Shuffleboard Singles

Table Tennis \$8.00 per person per event 8/14/17 event with 8/4/17 entry deadline

__ 3101 Singles
__ 3102 Doubles Men Partner Name _____ ID _____
__ 3103 Doubles Women Partner Name _____ ID _____
__ 3104 Doubles Mixed Partner Name _____ ID _____

Tennis \$8.00 per person per event 09/09 & 9/10 event with 9/1/17 entry deadline Rain Dates 9/16/17

__ 3215 Singles
__ 3216 Doubles Men Partner Name _____ ID _____
__ 3217 Doubles Women Partner Name _____ ID _____
__ 3218 Doubles Mixed Partner Name _____ ID _____

Payment Sheet

**Please make check payable to and mail with pages 2, 3, 4 and 5 to:
Delaware Senior Olympics, 1121 Forrest Ave, Dover, DE 19904**

Membership fee is required to participate in the DSO Annual Games.

**Membership Fee, please pay \$20 (if not previously paid this year) \$ _____
Additional Fee Total for Events you are entering (total pages 3 and 4) \$ _____**

DSO Annual Awards Banquet

November 18, 2017, 11:30am —3:30pm

Modern Maturity 1121 Forrest Avenue, Dover, DE 19904

Reservations may be made on the individual entry form, online or by mail by October 27, 2017

- ❖ 11:30AM: Social Hour and Cash Bar
- ❖ 12:30PM: Dinner
- ❖ Awards Program
- ❖ Door Prizes and 50/50 Drawings
- ❖ Menu: Boneless Chicken Breast & Stuffed Shells Buffet, Mashed Potatoes, Mixed Vegetables, Dinner Rolls, Tossed Salad, Dessert, Iced Tea, and Coffee

Adults attending Banquet _____ at \$30.00 each: \$ _____

Child (ages 4 – 9) attending Banquet _____ at \$15 each: \$ _____

VOLUNTARY DONATION (Tax Deductible). \$ _____

Donations of \$10.00 and above received by 6/30/17 will be added to current year Annual Games Book as **Friend of DSO**. Donations of \$10.00 and above received after 6/30/17 will be added to next year's Annual Games Book as **Friend of DSO**. All donations gratefully accepted.

SHIRTS IN SEPARATE MEN AND WOMEN SIZES!

Shirt orders must be received in DSO Office no later than August 1, 2017 to be received at games.

Shirt orders received by Oct. 9, 2017 will be ready for pick up at the Annual Banquet or at DSO Office after 11/3/17.

Color: Cantaloupe **Sizes:** MEN or WOMEN S, M, L, XL, 2XL, 3XL

T shirts

T-shirt (women) size S, M, L, XL, 2XL, 3XL (circle size): count _____ at \$10 each: Total \$ _____

T-shirt (men) size S, M, L, XL, 2XL, 3XL (circle size): count _____ at \$10 each: Total \$ _____

Collared (Polo) shirts

Note: Women's Polo Shirts are cut small, we suggest that you order one size larger.

Polo (women) size S, M, L, XL, 2XL (circle size): count _____ at \$16 each: Total \$ _____

Polo (men) size S, M, L, XL, 2XL (circle size): count _____ at \$16 each: Total \$ _____

TOTAL DUE:.....\$ _____

2017 Annual Games Rules

(PLEASE READ COMPLETELY)

Age categories 40+ and 45+ are eligible to complete in certain sports as specified below and medals at state level, but not eligible to qualify to compete at a national level.

Age/ Age Categories: Age for these Games will be the athlete's age as of December 31, 2017. 50 is the minimum age for entries, except for Cycling (40+), Pickleball (30+), Women's Basketball (45+), and Volleyball (45+).

Individual competitions will be grouped by gender and by age categories in 5-year increments. Example: 50—54, 55—59, etc.

Teams and doubles will be grouped by the age category of their youngest member (except Washers).

Example: 50+, 55+, 60+, etc.

Awards: Medals will be awarded for first, second, and third places. If out-of-state participants finish first, second, or third in overall competition they will receive medals. Top 3 Delawareans will receive medals based on their finish among Delawareans.

ELIGIBILITY: Membership in the DSO is **required** to participate in the Annual Games which are open to non-Delaware residents (without additional non-resident fee). Doubles pairs with one in-state and one out-of-state is considered out-of-state (per National Rules). Team Captains must declare team residency at the time of registration subject to DSO approval.

Entry Forms: 2017 Individual Games Entry Form: Use to enter non-team events, make a donation, and buy tickets for Annual Banquet, order a shirt or say you want to find a team to join.

2017 Team Entry Form: Team Captains must use to enter their teams.

Faxed or e-mailed entries will not be processed until payment is received. No changes can be made to event selection after sport entry deadline

Equipment: Entrants are required to furnish all customary and usual personal sports equipment for their individual sport. Questions should be directed to the Sports Coordinator.

Proof of Age/Residence: Not required with entry, but, if challenged, athlete should be prepared to provide verification at venue.

Rules and Results: Published on our website: www.delawareseiniolympics.org.

Sport Entry Deadline: Each sport has a cut-off date for entries. The Entry Deadline is the last date the entry may be received in the DSO Office. Some sports allow late entries, if approved by the Coordinator. Details in the Sports Information Section.

Teams: Team captains should file a 2017 Team Entry form for their entire team, listing all players. Form must be accompanied by a single check: \$150 for Basketball, \$100 for Softball, and \$75 for Volleyball. If a player has not previously submitted his/her membership application and fee, it must be submitted with the team form. An initial valid team entry will not be processed until all membership applications and fees, for that team, are received.

An Initial Valid Team Entry is a roster with a minimum of DSO paid memberships (3 for Basketball, 11 for Softball, 5 for Volleyball). Additional players may be added up to day of game with DSO membership verification/application and fee. See Team entry form for additional information.

Gifts: There will be only one gift per athlete.

Physician: Delaware Senior Olympics strongly recommends that participants consult their physician in regard to training and competition in the Delaware Senior Olympics.

Day of event: It is recommended that athletes arrive 30 minutes prior to their events to allow for time to warm up and sign in.

Medals: Only current DSO members are eligible to receive medals. Medals and packets will be given at

the event. If not picked up at the event. Participants must come to the DSO office for pick-up.

Cancellations and Refunds: Cancellations will be accepted for refund up to 10 days prior to the event date. Refunds of Event fees will be subject to a 25% handling charge. Membership fee is not refundable or transferable.

DSO Rain policy: Only the Sport Coordinator, in cooperation with the Over-All Coordinator, can postpone or cancel an event. Announcements are recorded on the DSO Office Phone (302-736-5698) and are posted on the website: www.delawareseniorolympics.org. If no announcement is made, it is the responsibility of the athlete to show up at the event. If the event is conducted, the results are final.

Exhibition sport/event: These sports/events are not NSGA sports or events and therefore participation is not a qualifying situation in a qualifying year.

FOR YOUR \$20.00 MEMBERSHIP FEE

There are many benefits in addition to your FREE registration into the DSO Annual Games.

**Such as a CERTIFICATE FOR \$20 SLOT DOLLARS AT THE DELAWARE PARK
And a VOUCHER FOR A FREE COUPON BOOK AT TANGER OUTLETS (\$5.00 VALUE)**

The following vendors have special offers for our members. Additional vendors may be found on the Members' Discounts page of the website. Show your MEMBERSHIP CARD to receive

BLUE ROCKS BASEBALL, Wilmington, DE: Receive \$1 off any ticket (Mon—Wed) games

DELAWARE PARK: Will provide \$20 Slot Dollars with DSO membership. Will be mailed with membership card.

DIAMOND CHEMICAL & Supply Company: 10% Discount off wholesale store prices for homeowner use items. Phone 800-355-7786

JEM'S CLEANING SERVICES: 10% off your first service 302-241-5845

PARTNERS IN DESIGN, Dover, DE: 10% off any purchase

ROPE IT: 20% off Golf Swing Training Aid—Use Discount Code: DelawareSeniorOlympics

MEN'S VOLLEYBALL: reduced rate for DSO Member in annual fee for scrimmage session at MOTE School. Contact Phil Klabunde for details: 302-998-7690 or philklabvb@comcast.net

NOTARY SRVICES: Free for all DSO members, call the office for an appointment 302-736-5698

SUN EAST FEDERAL CREDIT UNION: Membership

SUPERCUTS: \$1 off any haircut. Discount valid in Delaware and Maryland

TANGER OUTLETS, Rehoboth Beach, DE: Fill out voucher received with Membership card to receive FREE coupon book (\$5.00 value)

TOP STITCH EMBROIDERY, INC.: Free shipping on orders over 36 pieces; Free T-shirt on orders over 5 pieces

TONY'S BICYCLE SHOP, Dover, DE: 5% off at time of purchase (except sale items and special orders)

Delaware Senior Olympics 2017 Annual Games
SPORTS INFORMATION SECTION

| SPORT | DATES AND LOCATION | COST | COORDINATOR | ADD'L INFO. |
|--|---|---|--|---|
| ARCHERY | October 8, 9am Rain Date: October 15, 9am Entry Deadline: 10/2/16 New Castle 100 Archers Club 2272 Sunset Lake Road Newark, DE 19702 | \$17.00 per person per event. Event fee includes club facilities fee | Earle McCloe 302-298-9445 emccloe@comcast.net | |
| BADMINTON | October 25, 9 am Walk-ins Allowed Mid-County Senior Center 1 Regiment Road Wilmington, DE 19808 | \$4.00 per person per event | Bonnie Strang 610-5651515 bonnie.strang@comcast.net | |
| BASEBALL Exhibition Sport | September 9, 1 pm Rain Date: 9/10/17, 1pm Walk-Ins Allowed Delcastle Recreational Park 2920 Duncan Road Wilmington DE 19808 | \$5.00 per person | Joe Salvato 908-256-6818 ids315@verizon.net Willis Grier 302-738-3845 | Players will be assigned to a team day of the event |
| BASKETBALL 3 on 3 Women's Basketball will allow for 45+ teams. | October 28, 9:30am Team Entry Deadline: October 10, 2017 PAL GYM 7259 Lancaster Pike Hockessin, DE 19707 | \$150.00 per team See team Entry Form | Men: Gerry Glavey 302-475-1018 gglavey@aol.com Tony Figliola 302-475-0460 Tony.figliola@verizon.net Women: Annie Rizzo 302-368-2756 igoarzz@aol.com | See Team Entry Form |
| BASKETBALL SHOOTING Exhibition Sport | October 28, 9am Walk-ins Allowed PAL GYM 7259 Lancaster Pike Hockessin, DE | \$6.00 per person | Gerry Glavey 302-475-1018 GGlavey@aol.com | |
| BILLIARDS Exhibition Sport | September 17, 11am Entry Deadline: 9/11/17 The Slate Café 5838 Dupont HWY Smyrna, DE 19977 | \$5.00 per person | Sid Stein sidstyn@comcast.net 302-956-0295 John McDonald maccycleboat@aol.com 973-713-3427 Ralph Root 302-956-0012 ralphroot@aol.com | |

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| <p>BOCCE</p> <p>Exhibition Sport</p> | <p>September 30, 10am</p> <p>Rain Date: 10/7/17, 10am</p> <p>Entry Deadline: 9/18/17</p> <p>Cokesbury Village 726 Loveville Road Hockessin, DE 19707</p> | <p>\$4.00 per person per event</p> | <p>Judy Moran 302-234-1234 Judy-moran@verizon.net</p> | <p>Rules at Www.bocce.com /openrules.html</p> <p>It is recommended that you bring your own lawn chairs.</p> |
| <p>BOWLING</p> <p><u>ALSO NON-AMBULATORY EVENT</u></p> | <p>10/17 —Singles, 9:30am 10/18—Doubles, 9:30am 10/19—D Mixed, 9:30am</p> <p>Entry Deadline is 10/10/17</p> <p>Brunswick Doverama 1600 S. Governors Ave. Dover, DE 19904</p> | <p>\$4.00 per person per event</p> <p>PLUS LANE FEES</p> <p>\$6.75 for 3 games — due at lanes</p> | <p>Phyllis Tarburton 302-270-8743 pttar1937@verizon.net</p> | <p>Pool is available. Mark entry form if you need a partner</p> |
| <p>CYCLING ROAD RACE:</p> <p>40K</p> <p>Will allow riders 40 yrs. of age and above.</p> | <p>September 16, 2017, 9:30am Check-in opens at 8:00am</p> <p><u>DSO registration deadline: 9/8/17 no walk-ins</u></p> <p>RAIN OR SHINE</p> <p>You must register with BOTH the DSO and the PEDAL AWAY PROSTATE CANCER race to compete for a DSO medal. Pre-race online entry for PEDAL AWAY PROSTATE CANCER RACE is \$45.00: Onsite registration is \$50.00.</p> <p>Id required at check-in</p> <p>Eden Hill Medical Center 200 Banning ST. Dover, DE 19904</p> | <p>\$5.00 per person</p> | <p>Nancy Waddell 302-545-4146 Waddelne@gmail.com</p> <p><u>No walk-in registration for DSO participation. See registration deadline.</u></p> | <p>Aerobars are not allowed in the road races per USCF,UCI, and NSGA</p> <p>DSO partnering with the PEDAL AWAY PROSTATE CANCER RACE in 2017.</p> <p>Link for entering PEDAL AWAY PROSTATE CANCER RACE: https://www.bikereg.com/pedal-away-prostate-cancer</p> <p>Course directions on DSO website.</p> |

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| <p>CYCLING TIME TRIALS:</p> <p>5 K 10K</p> <p>Will allow riders 40 yrs of age and above.</p> | <p>October 10, 2017, 9:00AM Check-in at 7:30AM Rain Date: October 11, 9:00AM</p> <p>Entry Deadline 10/2</p> <p>Dover Motor Sports (Dover Downs) 1131 N. DuPont HWY Dover, DE 19901 (In rear near Miles the Monster statue)</p> | <p>\$35 you can pick one or both events for the same price</p> <p>The price includes electronic timing.</p> | <p>Nancy Waddell 302-545-4146 Waddelne@gmail.com</p> | <p>Parking Info:</p> <ol style="list-style-type: none"> 1. From Rt. 13 in Dover, turn at traffic light onto Leipsic Road (pizza Hut and Home Depot) 2. Turn Left at entrance in front of Miles the Monster – entrance has metal arch 3. Enter thru gate on Right 4. Pass Fan Care Center on left 5. Parking on Left 6. NO WALK-INS ALLOWED |
| <p>GOLF</p> | <p>September 18, 9am</p> <p>RAIN OR SHINE</p> <p>Walk-Ins Allowed</p> <p>Wild Quail Golf 1 Clubhouse Dr. Camden DE 19934</p> | <p>\$40.00 per person</p> <p>Includes green and cart fees</p> | <p>James Kerr 302-883-3342</p> <p>Barb Viera 302-731-0665 Viera@udel.edu</p> | <p>Shot Gun Start</p> |
| <p>HORSESHOES</p> <p><u>ALSO NON-AMBULATORY EVENT</u></p> | <p>October 1, 11am</p> <p>Rain Date: October 8 , 11am</p> <p>Entry Deadline: 9/22/17</p> <p>Park Brown Pits 3037 Park Brown Rd. Harrington, DE 19952</p> | <p>\$6.00 per person</p> | <p>Wayne Saulsbury 302-943-5302 doowopone@aol.com</p> | <p>Rules at www.nsga.com</p> |

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| <p>PICKLEBALL</p> <p>Will allow players 30 yrs. of age and above.</p> <p>Only players 50 and above can qualify to go to National competition in 2017.</p> | <p><u>September 8, 8am</u> Women's Doubles Men's Singles</p> <p><u>September 9, 8am</u> Men's Doubles Women's Singles Women's Doubles (by age groups 30-49)</p> <p><u>September 10, 8am</u> Mixed Doubles</p> <p>Entry Deadline: August 25, 2017</p> <p>Kent County Parks & Rec. Center 1683 New Burton Road Dover, DE 19904</p> | <p>\$11.00 per person per event</p> | <p>Susan Brooker 703-203-3841 SUEBROOKER@aol.com</p> | <p>Rules at www.USAPA.ORG</p> <p>Level of Play rating will be used to ensure a fair and competitive tournament. Please enter your rating (1.0—5.0) on Entry Form.</p> |
| <p>RACQUETBALL</p> | <p>October 7, 2017, 8:00am</p> <p>Entry Deadline 9/25/17</p> <p>Midway Fitness and Racquetball Club 18105 Melson Road Rehoboth Beach, DE 19971</p> | <p>\$4.00 per person per event</p> | <p>Michael Ohr 302-226-3238 mfohrsr@comcast.net</p> | <p>Rules at www.nsga.com</p> |
| <p>RUNNING ROAD RACE 5K</p> <p>(3.1 miles)</p> | <p>September 9, 9:30am Walk-ins allowed Rain or Shine</p> <p><u>For DSO, on-site registration</u> opens at 8:30am. Bring proof of DSO membership or pay additional \$20 fee.</p> <p>Bellevue State Park 800 Carr Road Wilmington, DE 19808</p> | <p>\$4.00 per person</p> <p>Entry to park add'l \$4 for DE license plates, \$8 for out of state.</p> | <p>Ralph McKinney 302-652-8323</p> | <p>Rules at www.nsga.com</p> <p>You can park at the Bellview Corporation Center at no cost and walk over to the event.</p> |
| <p>RUNNING ROAD RACE 10K</p> <p>(6.2 miles)</p> | <p>September 16, 9:30am Walk-ins allowed Rain or Shine</p> <p><u>For DSO, on-site registration</u> opens at 7:30am. Bring proof of DSO membership or pay additional \$20 fee.</p> <p>Bellevue State Park 800 Carr Road Wilmington, DE 19808</p> | <p>\$4.00 per person</p> <p>Entry to park add'l \$4 for DE license plates, \$8 for out of state.</p> | <p>Ralph McKinney 302-652-8323</p> | <p>Rules at www.nsga.com</p> <p>You can park at the Bellview Corporation Center at no cost and walk over to the event.</p> |

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| <p>SHUFFLEBOARD</p> <p><u>ALSO NON-AMBULATORY EVENT</u></p> | <p>September 20, 9am</p> <p>Rain Date: Sep. 27, 9am</p> <p>Entry Deadline: 9/11/17</p> <p>Manor House 1001 Middleford Road Seaford, DE 19973</p> | <p>\$4.00 per person</p> | <p>Wayne Bradley wlbef@comcast.net 302-381-4014</p> | <p>Rules at www.nsga.com</p> <p>Open Doubles: (partners can be both Men, both Women or Mixed)</p> |
| <p>SOFTBALL</p> <p>Both events at Schutte Park (corner of Electric Avenue & North Street (aka Hazletville Road), Dover,</p> | <p>MEN: September 16, 9am Rain dates: 9/17 or 9/23 Entry Deadline: Sept 2</p> <hr/> <p>WOMEN: August 5, 9am Rain dates: 8/6 or 8/13 Entry Deadline: July 15</p> | <p>\$100 per team</p> | <p>MEN: Gene Mirolli 302-229-7633 gjm829@aol.com</p> <hr/> <p>WOMEN: Bonnie Strang 610-565-1515 Bonnie.strang@comcast.net</p> | <p>Rules at www.nsga.com</p> <p>See Team Rules</p> |
| <p>SWIMMING</p> | <p>October 6, 8am - Warm-up 9am—Start</p> <p>Entry Deadline: 9/29/17</p> <p>Central DE YMCA 1137 S. State Street Dover, DE 19901</p> | <p>\$5.00 per person per event</p> | <p>Marie Neaves 302-378-2654 Christiane.neaves@gmail.com</p> <p>Chip Hannig 302-478-3547 cakehannig@aol.com</p> | <p>Rules at www.nsga.com</p> <p>Athletes may enter a max of six events.</p> <p>*50 FREE NOVICE is open to first time swimmers only.</p> |
| <p>TABLE TENNIS</p> | <p>August 14, 6:30pm</p> <p>Entry Deadline: 8/4/2017</p> <p>Chinese American Community Center 1313 Little Baltimore Rd Hockessin DE</p> | <p>\$8.00 per person per event</p> | <p>Eldon Hamrick 302-981-1798 hamvball@aol.com</p> | <p>Rules at www.nsga.com</p> |

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| TENNIS | <p>September 9 and 10, 2017</p> <p>Rain Dates: 9/16/2017</p> <p>Entry Deadline: 9/2/2017</p> <p>Sanford School 6900 Lancaster Pike Hockessin, DE 19707</p> <p>Plus surrounding courts as needed</p> <p>The first round match schedule will be posted on the website by 6:00PM on September 8, 2017</p> | \$8.00 per person per event | Leonard Ferris 302-456-0638 lenferris47@gmail.com | <p>Rules at www.nsga.com</p> <p>Doubles play down to age of younger player.</p> <p>Doubles must enter with a partner</p> <p>NO POOL.</p> |
| <p>TRACK & FIELD</p> <p><u>Race Walk is now part of Track and Field</u></p> <p><u>For Race Walk, as stated in NSGA Rules:</u> Athletes must not wear clothing that could impede the view of the judges.</p> | <p>September 23, 9am</p> <p>RAIN OR SHINE</p> <p>Entry Deadline: September 8</p> <p>9:00am Check In</p> <p>Dover High School One Dover High Drive Dover, DE 19904</p> | \$4.00 per person per event | Chick Donovan 302-424-1545 Chickdon@comcast.net | <p>The following are pending. More information to follow: Pole Vault Javelin</p> <p>Pole Vault is for experienced pole vaulters only. Athlete must provide his/her own pole.</p> <p>Rules at www.nsga.com Event start times may vary based on need of prior event</p> |
| VOLLEYBALL | <p>MEN: 8/19/17, 9am 8:30am warm-up Team Entry Deadline: 8/7/17</p> <p>WOMEN: 8/19/17, 9am 8:30am warm-up Team Entry Deadline: 8/7/17</p> <p>Kent County Parks & Rec. Center 1683 New Burton Road Dover, DE 19904</p> | \$75.00 per team | <p>MEN: Phil Klabunde 302-998-7690 philklabvb@comcast.net</p> <p>WOMEN: Willa Jones 610-742-0161 Mamabear2424@comcast.net</p> | <p>Rules at www.nsga.com</p> <p>See Team Rules</p> |

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| <p>WASHERS</p> <p>Exhibition Sport</p> | <p>Saturday, Oct 7, 10:00 am</p> <p>Rain Date: 10/8/17, 10:00am</p> <p>Walk-ins allowed</p> <p>Brandywine Springs Park Newport Gap Pike (Rt. 41) and Faulkland Road Near the Upper Pavillion (near parking lot)</p> | <p>\$5 per person</p> | <p>Brian Paraskiewicz bparaskiewicz@aol.com 302-521-6206</p> | <p>Rules at www.delawarese-niorolympics.org</p> <p>Teams can be both men, both women, or co-ed</p> |
| <p>WEIGHT LIFTING</p> <p>Exhibition Sport</p> | <p>September 23, 9am</p> <p>Entry Deadline: 9/8/17</p> <p>CrossFit Dover 155 Commerce Way Suite L Dover, DE 19904</p> | <p>\$4.00 per person per event</p> | <p>Bill Messick 302-841-0042 Wmessick@cape.k12.de.us</p> | <p>Rules at www.delawarese-niorolympics.org</p> <p>Compete based on gender, age category, and weight class.</p> |
| <p>WII BOWLING</p> <p>Exhibition Sport</p> | <p>September 30, 9:30am</p> <p>Walk-ins Allowed</p> <p>Country House 4830 Kennett Pike Wilmington, DE</p> | <p>\$5.00 per person per event</p> <p>Free Lunch available</p> | <p>Debbie Heald 302-426-8020 dheald@actslife.org</p> | <p>Rules at www.delawarese-niorolympics.org</p> |
| <p>WII GOLF</p> <p>Exhibition Sport</p> <p>Now have 2 events: Classic Resort</p> | <p>September 30, 11:30am</p> <p>Walk-ins Allowed</p> <p>Country House 4830 Kennett Pike Wilmington, DE</p> | <p>\$5.00 per person per event</p> <p>Free Lunch available</p> | <p>Debbie Heald 302-426-8020 dheald@actslife.org</p> | <p>Rules at www.delawarese-niorolympics.org</p> |

DSO 2017 ANNUAL GAMES CALENDAR BY DATE

| Date | Rain Date | Sport | Address |
|---------------------|------------------------------|----------------------------|---|
| August 5, 2017 | August 6 or August 13 | Softball (Women) | Schutte Park, corner of Electric Ave. & North St., Dover, DE |
| August 14, 2017 | Rain or Shine | Table Tennis | Chinese American Center 1313 Little Baltimore Rd Hockessin DE |
| August 18 & 19 | Rain or Shine | Volleyball (Men and Women) | Kent County Parks & Rec. Center, 1683 New Burton Road, Dover, DE 19904 |
| September 8, 9 & 10 | Rain or Shine | Pickleball | Kent County Parks & Rec. Center, 1683 New Burton Road, Dover, DE 19904 |
| September 9, 2017 | September 10, 2017 | Baseball | Delcastle Recreational Park 2920 Duncan Road Wilmington DE 19808 |
| September 9, 2017 | Rain or Shine | Running Road Races (5K) | Bellevue State Park, 800 Carr Road Wilmington, DE 19808 |
| September 9 & 10 | September 16, 2017 | Tennis | Sanford School, 6900 Lancaster Pike, Hockessin, DE |
| September 16, 2017 | Rain or Shine | Cycling (40K Road Race) | Eden Hill Medical Center, 200 Banning ST. Dover, DE 19904 |
| September 16, 2017 | September 17 or September 23 | Softball (Men) | Schutte Park, corner of Electric Ave. & North St., Dover, DE |
| September 16, 2017 | Rain or Shine | Running Road Races (10K) | Bellevue State Park, 800 Carr Road Wilmington, DE 19808 |
| September 17, 2017 | Rain or Shine | Billiards | The Slate Café, 5838 Dupont HWY Smyrna, DE 19977 |
| September 18, 2017 | Rain or Shine | Golf | Wild Quail Golf, 1 Clubhouse Dr Camden DE 19934 |
| September 20, 2017 | September 27, 2017 | Shuffleboard | Manor House, 1001 Middleford Road, Seaford, DE |
| September 23, 2017 | Rain or Shine | Track & Field | Dover High School, One Dover High Drive, Dover, DE |
| September 23, 2017 | Rain or Shine | Weight Lifting | CrossFit Dover, 155 Commerce Way Suite L, Dover, DE 19904 |
| September 30, 2017 | October 7, 2017 | Bocce | Cokesbury Village, 726 Loveville Road, Hockessin, DE 19707 |
| September 30, 2017 | Rain or Shine | Wii Bowling and golf | Country House, 4830 Kennett Pike, Wilmington, DE |
| October 1, 2017 | October 8, 2017 | Horseshoes | Park Brown Pits, 3037 Park Brown Rd., Harrington, DE 19952 |
| October 6, 2017 | Rain or Shine | Swimming | Central DE YMCA, 1137 S. State St., Dover, DE 19901 |
| October 7, 2017 | Rain or Shine | Racquetball | Midway Fitness And Racquetball Club, 18105 Melson Road, Rehoboth Beach |
| October 7, 2017 | October 8, 2017 | Washers | Brandywine Springs Park, Newport Gap Pike (Rt 41) and Faulkland Road |
| October 8, 2017 | October 15, 2017 | Archery | New Castle 100 Archers Club, 2272 Sunset Lake Road Newark, DE 19702 |
| October 10, 2017 | October 11, 2017 | Cycling (Time Trials) | Dover International Speedway, Dover Downs, 1131 N. Dupont hwy Dover, DE 19901 |
| October 17, 18 & 19 | Rain or Shine | Bowling | Brunswick Doverama, 1600 S. Governors Ave., Dover |
| October 25, 2017 | Rain or Shine | Badminton | Mid-County Sr. Center, 1 Regiment Road, Wilmington, DE 19808 |
| October 28, 2017 | Rain or Shine | Basketball (Men and Women) | PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707 |
| October 28, 2017 | Rain or Shine | Basketball Shooting | PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707 |

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