

# **Delaware Senior Olympics**

## **Basketball Shooting Rules**

**Each participant will be placed (by Gender) into their respective Age Groupings (i.e. 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 and 80+). After a brief warm-up period, each participant will get a total of 15 shots at the basket in the following order:**

- Five lay-ups for a score of 1 point for each made basket**
- Five shots from the foul line for a score of 2 points for each made basket**
- Five shots from anywhere beyond the three-point line for a score of 3 points for each made basket**

**At the end of these 15 shots, total scores will be tabulated for each participant in each of the Age Groupings. The Gold medal will be awarded to the participant with the highest score in each of the Age Groupings; the Silver medal will be awarded to the participant with the second highest score and the Bronze medal will be awarded to the participant with the third highest score.**

**Note: in case of a tie score – each participant that tied will shoot 5 foul shots and the one who makes the most foul shots will win. If they make the same number of foul shots – this process will continue until someone wins.**

**Gerry Glavey  
Basketball Shooting Coordinator**